

Trinity Baptist Church

TRINITY TIMES

Volume 28 • Number 2

January 13, 2015

4815 Six Forks Road, Raleigh, NC 27609 • tel: 919-787-3740 • fax: 919-787-4884 • www.tbcraleigh.com

Joining Hands with God

Dr. Jeff Roberts, Senior Pastor jroberts@tbcraleigh.com • Twitter: @Jeff_Roberts



Have you ever felt God was "calling" you to a new experience, responsibility or opportunity? We use this term "call" to describe the experience of sensing God's leadership and guidance in our lives. Although we use this term of "call" to describe a person's decision to pursue vocational ministry, the Bible teaches us that we are all "called" by God. Each and every one of us is called to follow Jesus. Each of us are gifted and then "called" to pursue our gifts and their use in the church and the Kingdom of God. One's call can come in many different forms and ways. For some, it is a moment in time when a person just knows that they are called by God to a certain purpose or task. For others, the call of God is more of a process of steps filled with prayer, discernment and encouragement. In 1 Samuel we find the story of God calling the young Samuel. It is a story that is at first filled with questions and mystery. God's call can create at first more questions than answers, but it is the questions that lead us to prayer, faith and action. Once asked if he had heard God's audible voice, C.S. Lewis responded "O no it was much louder than that." How can we know it is God who is speaking and how do we recognize a "call" in our lives? Join us as we consider this question this Sunday. I will be preaching on "When God Calls Your Name: The Mystery and Wonder of Following Jesus."

TNT Begins

Come and join us for the Winter/Spring Semester of TNT. We are continuing our study of "One Extraordinary Life: A Chronological Study of the Life of Jesus." We have wonderful small group leaders and a place for you in one of our men or women's groups. We will kick-off the new semester with dinner together at 6:00 p.m. in the Fellowship Hall and hear a brief overview of last semester from Robin and myself. Then we will go to our small groups to receive our new material and a time of welcoming new participants and prayer for the coming semester. Our Winter/Spring Semester is from January 20 through March 24. After the kick-off dinner study, we will begin each Tuesday night at 6:30 p.m. with the men in the Fellowship Hall and the women in the Chapel. Come and join us.

Is Trinity For You

Is Trinity for You is a one day Discovery Class to help our new comers discover more about our congregation. If you know someone who is visiting and worshipping with us at Trinity share with them the information about this class. Our next session of Is Trinity for You will be January 25, 2015 at 9:45 a.m. in the Parlor.

This Sunday At Trinity

Baptism				
8:45am	Worship (Sanctuary)			
9:30	Welcome Center Opens (Narthex)			
9:45	Sunday School (Bible Study for all ages)			
10:55	Extended Teaching Care (E100 Hallway)			
	Worship (Sanctuary)			
4:00pm	First Light Choir (Choir Rm)			
5:00	Bells of Praise (Old Choir Rm)			
	Divorce Care (D360)			
	MS Choir (Choir Rm)			
5:45	HS Snack Supper (UG)			
6:00	Preschoolers at Church (Birth-2yrs.)			
	Bible Friends (3's - Kindergarten)			
	Bible Buddies (Grades 1-3)			
	Bible Skills, Drills & Thrills (Grades 4-5)			
	Deacon Training (B236)			
	HS Choir (Choir Rm)			
	MS Snack Supper (UG)			
	Preschool Leadership Training (E247 MP Rm)			
6:15	MS Missions (A300 Hall)			
7:00	Church Conference (Chapel)			

Volunteers Needed

Have a Passion for Flowers, Books or Office Equipment? The TBC Committee on Committees needs one more person for each of the following working committees: Flowers (Sundays and Holidays), Media Center (Church Library), and Office Equipment (Purchasing and Troubleshooting). If so, would you please contact Brooks Warren, Chair, at bwarren@fmrealty.com or 919-801-2637. Thanks!

(†) NORTH RALEIGH MINISTRIES

This Week's Food Pantry Needs:

• Spaghetti Sauce • Hamburger Helper

Women's Book Club

January 15 • 7:00pm • Parlor Facilitator: Beth Duke

The Language of Flowers by Vanessa Diffenbaugh

TNT The Life of Jesus: Part 2

Kick-off Dinner
January 20 • 6:00pm • Fellowship Hall

Tuesdays, January 27 - March 24 6:30 - 8:00pm

Men • FH • Facilitator: Dr. Jeff Roberts Women • Chapel • Facilitator: Robin Roberts

Financial Reminder: If you have been making your contributions by automatic draft and would like to increase your giving for the new year, please call Jan Brown (919) 787-3740 and let her know. Thank you!

Deepest Sympathies

Angela & Mark McCoy and their daughter **(Ainsley)** upon the death of Angela's grandmother, Doris Reddish Bawden of Raleigh on January 4th.

David & Vera Wright upon the death of David's brother, Doug Wright of Raleigh, on January 4th.

Tammy & Richie Mims and their children (**Josh & Anna Lauren**) upon the death of Tammy's grandmother, Sallie White of Lebanon, SC on January 8th.

Staff Anniversary

Michelle Emmering, Ministerial Secretary, celebrates her 1st year anniversary with TBC on January 20th. Please take the time to say a personal word, write a note or place a phone call to her or offer words of encouragement and support for the fine job she is doing.

Deacon of the Week

Jenny Wilson has been a member of Trinity since 1984 and is a native of High Point, NC. She has two children: Meg and Heather; four grandchildren: Joey,



Hannah, Christi, and Samantha; and one great grandchild: Olyvia. Jenny is a Office Manager with BHK Investments, Inc. She serves as WIHN Coordinator and serves on the Missions Steering Committee, and F.A.I.T.H. Class Outreach. She is a member of the New Covenant Ensemble and the Santuary Choir. She works with the Adult 3/Coed 5/Shigehara SS Class. She works with Deacon Suzie Short.

Welcome to Trinity

Theo Joseph & Sue Beach of Raleigh joined Trinity Baptist Church by statement of their faith and baptism.

Fellowship Dinner

Wednesday, January 21

Adult: \$4.50 • Senior Adult: \$3.50Children: \$2.50

Beef Tips over Noodles and Veggies Side, Salad, Dessert, and Drink

Payments made by 4:00pm each Monday receive a \$.50 discount per plate

Reservations and payments can be made online at www.tbcraleigh.com or by calling the church office, 919-787-3740. Reservations and cancellations must be made by 4:00pm each Monday.

TBC / Red Cross Blood Drive

Sunday, February 22 • 9:30am - 2:30pm

Set-up donation appointment at www.tbcraleigh.com, click on blood drive.

Up Coming DISCIPLESHIP CLASSES Win/Spr '15

SUNDAY EVENINGS

DivorceCare

Sundays • 5:00-7:00pm • D360 Cost: \$20 for book • Facilitator: Christa Johnston

CPR Training

Jan. 25 • 5:00-7:00pm • E247 Cost: Certification-\$45 • Non-certification-\$25 Facilitators: Safety & Risk Committee

Preschool Leadership Training: ETC, Sunday School, Mission Friends, Music Ministry

Jan. 18 • 6:00-7:00pm • E247 Facilitator: Rev. Carla Babb

SUNDAYS & WEDNESDAYS

Jobs for Life

TBA • A214

Wed. 6:30-8:30pm • Sun. 5:00-7:00pm

TUESDAY EVENINGS

Tuesday Night Training (TNT)

Jan. 20 - Mar. 24 • 6:30-8:00pm

Men • FH • Facilitator: Dr. Jeff Roberts Women • Chapel • Facilitator: Robin Roberts

WEDNESDAY MORNING

Women's Bible Study: "Daniel: Lives of Integrity, Words of Prophesy" Beth Moore

Jan. 14 - Apr. 1 • 9:30-11:30am • 236 Cost: \$16 for book • No Child Care Provided Contact Kim Royal 919-218-1237 or kroyal@royalits.com

WEDNESDAY EVENINGS

Pastor's Study: "One Extraordinary Life" The life of Jesus

Wednesdays • 6:15-7:15pm • Chapel Facilitator: Dr. Jeff Roberts

Companions Along the Way

Wednesdays • 6:15-7:30 pm • Parlor Cost: \$10 for book • Facilitator: Hal Melton

Jan 7 - Mar. 4 "Thin Places-an Evangelical Journey into Celtic Christianity" by Tracy Balzer

THURSDAY EVENING

Women's Monthly Book Club

Third Thursday of each month 7:00pm • Parlor • Facilitator: Beth Duke

The Study of Revelation

Beginning Jan. 22

6:00-7:00pm • B232 • Facilitator: Roger Shigehara

Cooperative Baptist Fellowship of North Carolina

Bringing Baptists Together for Christ-Centered Ministry

2015 General Assembly



"Be not conformed to this world but be transformed by the renewing of your mind, that you may prove what is the good, acceptable and perfect, will of God." – Romans 12:1-2

New schedule this year!

Thursday/Friday March 19-20, 2015 Providence Baptist Church • Charlotte

Featuring 80+ workshops and two worship experiences.

Preaching are Andrea Dellinger Jones, Pastor, Millbrook Baptist Church on Thursday and Steven Porter, Global Missions Coordinator, Cooperative Baptist Fellowship, on Friday.

Join us! Call Kathy Driver at 919-621-0236 if you have questions, or register on-line at: www.cbfnc.org/congregations/2015-cbfnc-general-assembly

Senior Adult Ministries...the Better Half of Life

Rev. Hal Melton, hmelton@tbcraleigh.com

Nursing Homes & Homebound Visits

Wednesday, January 21 is cancelled due to the flu outbreak.

Adult Ministry & Missions

Rev. Hal Melton, hmelton@tbcraleigh.com

NC Baptist Men Disaster Relief Training

March 20-21 • New Hanover County April 24-25 • Davidson County If interested, contact Mark Munday: tgimunday@msn.com.

Basic Training Categories

Clean Up & Recovery, Mass Feeding, Communications, Shower-Laundry, Medical, Child Care, Chaplaincy

Advanced Training Categories (for those with former Basic Training)

Administration, Assessment, Crewchief, Forklift, Logistics, Maintenance, Points of Distribution, Recovery Equipment Manager, Sharing Christ in Crisis, Water Purification

McCreary Co., Ky Summer Mission Opportunities

Construction & Vacation Bible School

July 18 - 25

We will continue our Rural Poverty Initiative mission in one of the poorest counties in the US. One team will work on substandard housing through Hills and Hollers Ministries, as we have done for many years. The other team will plan and do a Vacation Bible School for children in need both physically and spiritually, at the Eagle Community Center. Cost is \$275 including transportation, lodging, meals and T-shirt. Cost of building materials and VBS supplies is covered by our TBC Missions Budget. If you are interested in participating, please contact Rev. Melton at hmelton@tbcraleigh.com or 919-787-3740. Sign-up now!

Winter Marriage Retreat

March 6 - 8 • Beach Colony Resort

This Year's Theme: "How Being Parents Affects Our Marriage Relationship"

Whether you are newlyweds considering having children someday; you are enjoying life with preschoolers; you are in the "taxi" stage running ragged just to keep up with your children's extracurricular schedule; you are in the adolescent rich final years at home, or you are empty nesters trying to learn to live with juggling family traditions with adult children that live away or have in-law traditions to blend into - Being Parents will affect YOUR relationship with your spouse the rest of your life. Come and celebrate parenting, but also learning what to expect and how to develop strategies to keep the flame constantly burning in your marriage. Because YOU TWO will be together long after the children have grown up. Sign-up by contacting Hal at hmelton@tbcraleigh.com. Deposit of \$100 (included in the \$255) is due at sign-up.

Don't wait – there are already 8 couples signed-up and limited space left!

Don't Miss This!

Companions Along The Way

Wednesday Nights 6:15-7:30 pm • Parlor

Join us for this mid-week contemplative respite and discussion of the book "Thin Places – An Evangelical Journey into Celtic Christianity". You need to join this group the first couple of sessions of the new semester. See you there!

Music Ministry

Rev. Steve Byers, slbyers@tbcraleigh.com

Music Notes

It was good to hear from Baron Hignite this past Sunday morning in worship.

Baron has been a faithful member of our Sanctuary Choir and offers his talents to God in so many ways. Our musicians at Trinity are already working on new music for the spring months ahead. Our choirs and ensembles are always ready to welcome new members!

Speaking of new members, we had 9 new members to the Sanctuary Choir this past Wednesday night! This is a fantastic start to 2015! I'm so grateful to see and hear our people who want to be a part of a great choir and to use their gifts of singing to praise Him in worship. Our choir has been growing musically, numerically, and spiritually, and we give God all the glory for His faithfulness and blessings. There is room for more!

The Sanctuary Choir began its journey to Easter this past weekend with our annual January retreat. This year, we will be doing a cantata by Joseph Martin, "Testimony of Life," and it is a beautifully written collection resembling a lessons and carols service that is presented at Christmas in many churches. Combining scripture with beautiful music by our choir and orchestra, the cantata presents a great opportunity to present the gospel of Christ and the redemption for all mankind that only comes through Him. Mark your calendars for March 29 when we present the cantata in both morning services.

Children's Day

February 8

Preschool and Children's Choirs sing in 10:55 service.

Music Calendar

Don't let programming dates slip-up on you! Plan ahead!

January 14

New Covenant Resumes 6:45pm

January 25

Orchestra Both Morning Services

February 1

Trinity LaymenBoth Morning Services

February 8

Preschool and Children's Choirs 10:55am Service

February 15

Student Choirs 10:55am Service

February 22

Bells of Praise Both Morning Services

Music Ministry is alive and is growing at Trinity!

Find your place in the Music Ministry in 2015. If you have singing or instrumental abilities, we need you. We are always looking for more musicians to add to our worship leading ministries at Trinity. Be a part of this exciting place of ministry!



www.lifehonestly.com

Student Ministry



Rev. Lydia Tatum, ltatum@tbcraleigh.com A Christian Davis, cdavis@tbcraleigh.com

Words from Lydia

Grandmomma, a saint of the church, longtime WMU director and historian, collegiate religion department secretary, and Baptist minister's wife, was able to attend the annual meeting of the Baptist World Alliance when she was 85 years old. That year she made all of her



Sunday, February 1

8:30am Sandwich Prep Crew
10:45 1st Seating Crew Reports
11:00 1st Lunch Seating
12:00pm 2nd Seating Crew Reports
12:15 2nd Lunch Seating

Sign-up in Sunday School to serve in our annual Souper Bowl of Caring to raise money for Haven House, a local ministry to homeless youth.



The holidays are over. With all of the wonderful gifts you may have received, there may have been a random gift card to someplace that you have never heard of, or just plain don't like. The Peru Silent Auction would LOVE those cards! Please consider donating any unwanted gift cards to the silent auction and get the gift of a tax write-off!

See Lydia Tatum (Ltatum@tbcraleigh.com) or Anne Doman (aedoman@nc.rr.com) for more info

preparations and traveled for the first time without Granddaddy. When she came back from her adventure to England, her face was illuminated with the Spirit welling up inside of her. She told us that the times of worship were like glimpsing into heaven. "All those people," she said. "They were God's people – all different races and languages – singing and worshipping God. I think I saw heaven."

I understood what she meant. Having experienced the Passion Conference with our college students over New Years, now I know what she meant. There were many times in worship that I had to be quiet, look around, and take in the beauty of 20,000 college students worshipping our great God. Everyone worships in his or her own way, and in these times of worship every way was expressed - from hands raised to heads bowed and everything in between.

Conferences like these are often spiritual high points in the lives of those who experience them, but these conferences are not the only place we can meet with God. We meet with God in the everyday ordinariness of life. May we greet each day with passion and expectation for the One, the Lord of All.

Youth Day of Service

Monday, January 19 10:30am - 1:00pm • Fellowship Hall

Did you know that there are almost 3,000 homeless youth in Wake County alone? That number is up 53% from just 5 years ago. These are people that you go to school with - faces you see every day. On Monday, January 19, while you are enjoying a day out of school, we will be meeting here at church for a day of service. We will be partnering with Haven House, a ministry to homeless youth here in Raleigh. Meet in the Underground to spend a day serving our brothers and sisters.

Education & Families

Rev. Karen Metcalf Eickhoff, kmetcalf@tbcraleigh.com



Children's Sundays Made in God's Image

February 8 & 15

Children leading and sharing in worship! Open House for Grade School Sunday School

CPR Training

Sunday, January 25 5:00-7:00pm • Room E247 Cost: \$45 for certification \$25 for non certification

This is an awesome opportunity we have available at our church. Scholarships are available. Please signup in the Narthex to reserve your spot.

Donations of Fleece Needed

For 2nd Grade GA Class Mission Project

This class is requesting donations of Fleece to make fleece blankets as a project for the homeless this winter. Please bring donations of fleece to a tub designated in the Grade School Suite. Thank you.



Passportkids Summer Camp

July 6 - 9, 2015 Montreat, North Carolina For children in current grades 3-5

> Brochures will be out soon. Mark your calendars!

Discipleship Classes

Please check out the class offerings for Winter/Spring 2015 located in the front of the newsletter or pick-up a brochure in the Narthex.

GA Mother/ Daughter Camp

For Grades 1 - 5

Registration due Sunday, January 18.

Preschool Ministry

Rev. Carla Babb, cbabb@tbcraleigh.com

Words from Carla

I want to start off by saying thank you to those who have and continue to serve in the preschool ministry. The need in this area of any church will always grow as long as the church is inviting families in and providing great care for the children. This is what God calls us as a church to do, to reach out (invite), to nurture and disciple, and to love.

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. – Philippians 2: 3-4

As we begin the New Year, we are in need of volunteers in several areas of the preschool ministry. An ETC volunteer (only 4 times a year, 8:30-9:30am or 10:55-12:00pm, you choose), a Sunday night discipleship teacher (we have a curriculum for you to follow and it can be Sunday nights, 6:00-7:00pm, September-May or we can rotate Sundays, if we have enough volunteers), a Sunday school teacher (9:15-10:45am Sunday mornings), a Mission Friends teacher or ETC Wednesday night volunteer (45 minutes a night, 6:00-6:45pm or 6:45-7:30pm), or a Preschool Music leader (6:00-6:45pm Wednesday nights). Please consider volunteering in this area of ministry.

Dare to Discipline

February 8 - March 1 Sundays • 6:00-7:00pm Room E247 (multipurpose room)

Join me as we talk about discipline with Dr. James Dobson. Learn about how anger can interrupt your intentions of discipline and how being consistent with discipline is important for you and child. Children thrive in situations where they know and understand limits. You'll be equipped with tools to establish a plan for shaping the will of your child without breaking his/her spirit.

Maybe you have "done your time" or "need a break", if so I ask you to reconsider. Maybe you have never volunteered and would like to. I do not know your situation, but I do know that there are little ones who need you to be there and there are parents who need to have a time to worship and be discipled. As you discern where there is a need and where God can use your gifts for His glory, look for opportunities that you can participate in. He will equip you; He will guide you, and stretch and grow you. We never stop growing in our faith and spiritual discipline. I am willing to help you find a place to serve where you can be all that God has designed you to be. Please contact me with any questions.

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. – 1 Peter 4:10

Preschool Ministry Training for all Volunteers

January 18 • 6:00-7:00pm Room E247 (multipurpose room)

We will discuss policy and procedures, the importance of why we do what we do for our preschoolers and how we can be joyful in the process!

Volunteers Needed

ETC Volunteer • Sundays, 8:30-9:30am or 10:55-12:00pm (only 4 times a year)

Sunday Night Volunteers • 6:00-7:00pm, September-May (can rotate Sundays)

Sunday School Teacher • Sunday Mornings, 9:15-10:45am

Wednesday Night Volunteers • 6:00-6:45pm or 6:45-7:30pm

Recreation Outreach Center

Rev. Spencer Good, sgood@rocraleigh.com ▲ (919) 787-4991



100 days of TBC Upward Prayer!

Practice Schedules

All basketball players and cheerleaders will have one practice per week. Practices are conducted either on Monday, Tuesday, or Thursday evenings on the same day and at the same time each week. All practices will last one hour consisting of a 15 minute devotion and a 45 minute on-court practice. All games and practices are held in the Recreational Outreach Center on the Trinity Baptist Church Campus.

Practices Dates for 2014/2015 Season

Please plan to attend practice each week. We will practice each Monday/Tuesday/Thursday, having the two weeks around Christmas break as time without practice.

January 12, 13 & 15

January 19, 20 & 22

January 26, 27 & 29

February 2, 3 & 5

February 9, 10 & 12

February 16, 17 & 19

February 24 • TBC Upward Celebration Night

ROC Calendar

Upward Celebration Night February 24, 2015

11th Annual ROC'n Golf Tournament May 18, 2015

TBC Block Party

August 26, 2015

9th Annual NH5k September 12, 2015

Fall Fest: Trunk or Treat October 30, 2015



A total fitness program for moms that they can do with their baby or stroller-age child(ren).

Monday, Wednesday and Friday 9:00-10:00 am • ROC First Class is Free!

Come a few minutes early to sign-up!

For more information go to www.strollerstrides.net/midtownraleigh.

ETC Workers

Sunday, January 18

Hostess: Angie Ferree

Assistant Hostess: Jennifer Bland

8:45 am Worship Service

PJ Ginocchio, Herb & Liz Land, Judy Pope, Michael, Mary, Michaela & Rachel Langley

10:55 am Worship Service

0-4 mos Angela Strickland, Star Davis 5-10 mos Kim Beckett, Jeff or Jenn Hall

11-14 mos

15-19 mos Rhonda Gubbins

20-24 mos

2 yrs Bonnie Walston

3 yrs Jerry Strickland, Jada Coleman

4 yrs Logan Hall

Wednesday, January 21

Bed Babies Melody Yeargan, Kim Beckett

Toddlers Judy Pope, Susan Tucker

Caroline Warren Two's

Vision for Growth January 11, 2015

Growing throu	gh Bible S	tudy	
Members Age Group	Present	New <u>Members</u>	Visitors
Adults	547	4	27
Students	141	0	7
Children	81	0	0
Preschool	64	0	3
Totals	833	$\overline{4}$	37
Sunday School			Total 874

Growing through Worship... 8:45am Worship Attendance 269 10:55am Worship Attendance 703 972 Total Worship Attendance

Growing through Stewardship...

(YTD totals through 11/30/2014)

Capital Campaign	
YTD Operating Expenses	\$2,260,878.02
YTD Operating Receipts	\$2,336,113.04
Fund Needs (Budget)	\$2,481,600.00
Y ID General	

Capital Campaign Pledges \$4,159,670.00 Pledged Money Received \$929,796.26 Total Received \$976,465.21

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction.

Trinity Baptist Church Staff

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> Rev. Wayne Rogers, Organist Ramona Green, Pianist Barbara Bowen, Pianist

E-mail newsletter articles no later than Noon Fridays to: info@tbcraleigh.com.

Trinity Times (USPS 006-883) is published weekly, except July 4th week and Christmas week by Trinity Baptist Church, 4815 Six Forks Road. Raleigh, NC 27609.

Periodical postage paid at Raleigh, NC. Postmaster: Send address changes to Trinity Times, 4815 Six Forks Rd., Raleigh, NC 27609



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ROC Hours

Monday • Tuesday • Thursday 8:00 am - 2:00 pm • 3:00 pm - 9:00 pm

Wednesday

8:00 am - 2:00 pm 7:45 pm - 9:00 pm (for Trinity Members)

Friday

8:00 am - 2:00 pm (Gym Floor Closes at 11:45)

Saturday

9:00 am - 12:00 pm

ROC Volunteers

Monday, January 19

8am-11am Charlie & Dottie DeFrancis

11am-2pm Anita Yeargin 3pm-6pm Jane Sauls 6pm-9pm Bill Shelton

Tuesday, January 20

8am-11am Leland Cottle 11am-2pm Steve Allen

3pm-6pm Stephanie Treadway

6pm-9pm Joe & Star Davis

Wednesday, January 21

8am-11am Marcel Beaudreau 11am-2pm Ernest & Ann Tilley 7:45pm-9pm Ron Brown

Thursday, January 22

8am-11am Johnny Teal 11am-2pm Marcel Beaudreau 3pm-6pm Peggy Paul

6pm-9pm Gino & P. J. Ginocchio

Friday, January 23

8am-11am Johnny Teal 11am-2pm Nell Campbell

Saturday, January 24

9am - 12pm Susan Lewis

Volunteers Needed

2nd Monday 6:00 - 9:00pm 2nd & 3rd Tuesday 3:00 - 6:00pm 3rd Thursday 6:00 - 9:00pm

ROC Sub-Volunteers Needed

If you are unable to serve on a set scheduled time each month, we are also in need of volunteers who are available and willing to sub at various times.

To volunteer contact Michelle: 919-787-3740 or memmering@tbcraleigh.com

ROC Activities

January 18 - January 24

Group Fitness Classes

M - W • 8:00-9:00 am • Gym Cardio Strength Training

M, W • 9:00-10:00 am • Gym Stroller Strides

T • 5:30-6:30 am • Gym Body Back Class

T • 9:00-10:00 am • Gym Dance-It Group Fitness Class

T • 9:00-9:45 am • MP Room *FREE*

Senior Adult Strength and Stretch

Recreation Activities

M - Sat • 5:00-9:00pm

Basketball Leagues

1st & 3rd Tuesdays • Each Month

Prayer Shawl Ministry