



TRINITY BAPTIST CHURCH

TRINITY TIMES

Belong. Become. Be.

And we are back! After a few weeks without a newsletter, I am excited to share our new format. It might not look that different to you, but we have added new ministry pages for you to navigate various ministries and programs in our church. In addition, there is an expanded section where you can discover volunteer opportunities. As we are making plans for our new church year, we are seeking to let our new mission statement inform our plans and work. Our mission statement reads:

Joining Hands with God

Belong - Become - Be

TBC is a family of baptized believers joining hands with God - belonging, becoming, and being - by proclaiming and living the Gospel of Jesus Christ.

We welcome you to...

Belong in meaningful connection with the community of faith.

Become purposefully engaged with the family of faith: following the way of Jesus through baptism, sharing life together, and serving others.

Be a lifelong disciple of Jesus, growing in relationship with God, joining God's mission of love for the world.

It is our hope that through our newsletter you will be encouraged to belong, become, and be. Use the newsletter to discover various ways to connect to your church family. Ours is an active congregation, and through weekly activities and worship and special events, one can continue to meet other members and deepen a sense of belonging. Use this newsletter to become a more mature follower of Jesus. Discover in this newsletter the opportunities that are yours to deepen your knowledge of scripture, theology, and understanding of following Christ. Use this newsletter to be involved in what God is doing in the world. Each and every week you will discover ways to be on mission with God to our community and world.

As you navigate new pages and format, I hope you will ask how you can deepen your sense of belonging to our church family, becoming engaged in ministry, and being a lifelong disciple of Jesus.



Featuring

- How to Volunteer and get connected at TBC (p.3)
- Upcoming Discipleship Classes start soon! (p. 5)
- Exciting Ways to be Involved in missions (p.7)
- NEW! Young Adult Newsletter (p.9)

WELCOME TO TRINITY

David & Donna Tunstall join by letter.

Ivy Knox joins by statement.

Greg & Charlene Wallace join by letter.

Larry & Libby Moore join by letter.

Linda R. Perry joins by letter.

David & Regena Peebles join by letter.

Tom & Deborah Merrill join by letter.

DEEPEST SYMPATHIES

Susan Morris and **Jeff & Jen Hall** (and their children **Kayla Hall** and **Logan Hall**) upon the passing of Susan's mother and Jen's grandmother, Betty Wilson, of Greensboro, on July 12.

Roy & Pat Holliday and **Don & June Moore** upon the passing of Pat's and Don's uncle, Thomas Repass, of Meadowview, VA on July 15.

Nicole Smith (and her children **Steven Smith** and **Dylan Smith**) upon the passing of her father of Miami, FL on July 30.

Jacob & Lisa Arthur (and their children, **Andrew, Ella, Sam** and **Sarah Arthur**) and **Amanda & Patrick Kent** (and their children, **Daniel, William,** and **Michael Kent**) upon the passing of Jacob's and Amanda's grandmother, Pauline Arthur, of Hillsville, VA, on July 30.

GET A CHANCE TO



Pie a Pastor

AT THE TBC BLOCK PARTY
WEDNESDAY AUGUST 28TH

During the month of August, bring your non-perishable food donations for North Raleigh Ministries to the Narthex and place them in the bin of whichever TBC Pastor you would like to see get pied!

At the TBC Block Party, the top three voted ministers will receive a pie to the face.



Bonus: If you are one of the first three people to completely fill out a ministry booth bingo sheet at the block party, you get to be the pie thrower! So bring in your non-perishable food donations and we will see you at the block party!

STAFF CONTACT INFO

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Senior Pastor

jroberts@tbcraleigh.com

ASSOCIATE PASTORS

Rev. Steve Byers
Rev. Karen Metcalf Eickhoff
Rev. Spencer Good
Rev. Lydia Tatum
Christian Davis
Rebekah Gordon
Katie Medlin

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Administration & Recreation
Ministry & Outreach
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SUNDAY, AUGUST 11

- 8:45 AM Worship (Sanctuary)
9:45 AM Sunday School
 (Bible Study for all ages)
10:55 AM Worship (Sanctuary)
5:00 PM Sunday School Training (FH)

SUNDAY, AUGUST 18

9th Grade Sex-Ed Retreat (17th - 18th)

- 8:45 AM Worship (Sanctuary)
9:45 AM Meet the Pastor (Library)
 Sunday School
 (Bible Study for all ages)
12:00 PM Children's Worship Class
 (Sanctuary & E131)
10:55 AM Worship (Sanctuary)
4:00 PM Finance Committee Meeting
 (Min. Conf. Rm)
 Deacon Nominating Committee
 (Conf. Rm)
4:30 PM Grief Share (C304)
5:00 PM Pastor Advisory Meeting
 (Pastor's Study)
7:00 PM Church Conference (Chapel)

DEACON OF THE WEEK

August 11



Kayla Dobyns has been a member since 2009. She is a native of Raleigh. She is a Communications Associate with the NC Rural Center. She serves as 8th grade girls D-Team leader, on the Evangelism and Publicity Committee as well as on the Committee on Committees. She works with the York/Gubbins Sunday School Class. She also works with deacon Victoria Price.

August 18



Victoria Price has been a member since 1998. She is a native of Raleigh. Victoria is a Graphic Designer and is self-contracted through Metro Productions. She serves with the 8th grade D-Teams, Middle and High School Girls Basketball, Youth Choir, Sanctuary Choir, and with HS Alive. She works with the York/Gubbins Sunday School Class. She also works with deacon Kayla Dobyns.

WED.



NIGHT

Fellowship SUPPER

Wednesday | 5pm - 6pm | Fellowship Hall
August 28 - December 11

THEME NIGHTS

TBC Block Party/Food Trucks

AUGUST 28

(Prices Vary on Food Truck)

Pizza Night

OCTOBER 9

Thankful Feast

NOVEMBER 20

Trinity Family Christmas Party

DECEMBER 11

Make your reservations ONLINE at tbcraleigh.com, *Wed Night Supper Reservations*, or call the church office at 919-787-3740. Either method has to be done by 4:00 pm on Monday. Meals are \$5 per person.

Permanent Reservation for semester is \$70. Reservations that have not been cancelled by Mon. 4 pm will need to be paid for the following week.

GET INVOLVED | HELP NEEDED | VOLUNTEER!

Music Ministry

Choir Member & Instrumentalists (page 4)

Ministry & Outreach

NRM Food Needs (page 6)

Missions

Redirection NC Fundraiser Aug 1
(page 7)

Preschool

Worship Class Offered (page 12)

Recreation Ministry

ROC Volunteers Needed (page 14)

Children

ETC & Special Needs Workers needed
(page 12)

GENERAL ANNOUNCEMENTS

NEW CLASS LAUNCHES AUG. 25

The Sunday School Council is announcing a new class being created that will add a fourth class to Adult 5. It will be meeting in room D362. Wayne Hill has agreed to teach and we are looking for support among Adult 3, 4 and 5 Departments. This class will be a multi-department and/or multi-generational effort.

Our initial vision is to encourage members who are interested in Bible Theme Studies. We will begin our first quarter with the study: Profiles in Character, from the Exodus through the return from Exile. Join us on August 25 for an introduction and time of fellowship.

— ADVANCEMENT DAY: AUG 25 —

NRM Food Pantry Needs

Flour | Sugar | Cooking Oils | Cake Mix | Cookie Mix



BLOCK PARTY

AUGUST 28 | 6:00 - 8:00 PM

JOIN US FOR

FOOD TRUCKS | BLUEGRASS
BAND | GAMES | INFLATABLES
MINISTRY BOOTHS | DESSERTS
PIE A PASTOR



I owe an abundance of gratitude to our musicians and leadership who stepped up to keep all of the “musical plates” spinning while I have been away. With my father’s recent hospitalization and health concerns, I have needed to travel freely to Virginia to help with his caregiving. I have confidently relied on our musicians to lead and carry the worship music of our services while away, and I’m extremely thankful for the assurance that all would be fine in my absence.

Thank you, **Jessica Isaacs** and **Joy Blashaw**, our **accompanists**, and **Sunday musicians** for coming to my need and ministering during a time when I could not. Believing that all is well and will go on as planned underscores the high level of trust we have here at Trinity in one another and that God continues to work through His servants to lead for His glory.

Thank you all for your supportive prayer and ministry in a time when my family needed it the most.

COME JOIN FIRSTLIGHT OR SANCTUARY CHOIR!

Got free time? Need to be involved in fellowship and service? Got a voice and love to sing?

We have two ongoing worship leading choirs that are great places to serve and meet new people. **FirstLight** serves in the 8:45 am service and rehearses at 4 pm on Sunday afternoons. Sometimes, we switch to 8 am Sunday mornings during the summer months.

The **Sanctuary Choir** rehearses normally at 7:45 pm throughout the year, but for the summer, switches to 7:30 beginning June 19 through August. Whenever we meet, there is a seat for you!

We welcome people for a season or two or for the entire year.

Give Steve a call in the office to find out more information. It may be summer now, but our fall programming begins soon! You are invited to join our music ministry in other areas as well as our two primary worship choirs. We have a variety of ensembles and choirs that meet to offer praise to God through music. You may have singing skills or playing abilities that can be used to glorify Him, and we need you! Over the next few weeks, pray about how you can become involved in the music ministry at TBC and see what great things God will do through you!

MUSIC CALENDAR

AUGUST 25

Laymen Concert, 6:00 pm

AUGUST 28

Wednesday Night Program Block Party

SEPTEMBER 4

Wednesday Night Program begins, 6:00 pm

SEPTEMBER 6-7

Sanctuary Choir Retreat, TBC, TBA

NOVEMBER 24

Hanging of the Greens Mass Rehearsal

DECEMBER 1

Hanging of the Greens Service, 6:00 pm

Christmas Cantata

DECEMBER 16 | BOTH AM SERVICES
PRACTICES START SEPT. 6

Presenting, “Sing Christmas!” by musical composers and arrangers Mary McDonald and Joel Raney.

It will require a large choir, and it is my dream to have a 100 voice choir to present it.

I invite you to come and make this Christmas season a special one with your voice added to the Sanctuary Choir each Wednesday night.

Beginning with the retreat on September 6-7, you can add so much to the Christmas spirit within our church by coming and joining this joyful and seasonal highlight. Give me a ring and let’s get you started with music!



ALWAYS ROOM FOR YOU!

**Find your place
in the music ministry in 2019.**

If you have singing or instrumental abilities, we need you. We are always looking for more musicians to add to our worship leading ministries at Trinity. Consider getting involved in music ministry and being a part of an exciting place of ministry!



Wednesday Morning Bible Study

9:30 am - 11:00 am | Rm B236

"It's Not Supposed to Be this Way" by Lysa Terkeurst.

Facilitated by Susan Burnette: burnettefamily01@nc.rr.com



Summer Wednesday Bible Study

6:30 pm - 7:15 pm | Rm C303

"The Magnificent Story" by James Bryan Smith.

Aug 7 : Chapter 8 | Aug 14: Chapter 9

SS LEADERSHIP DINNER /TRAINING



This Sunday, August 11 | 5:00 pm - 8:00 pm

An evening of dinner entertainment with Training/information provided. Sunday School is the Bible teaching ministry our church offers for every age group at a designated time every Sunday Morning. The sole purpose is to teach the Bible and convict the lost. Worship enhances our teaching time as an expression of our praise to God. Both are vital to church growth, leadership and witnessing to our community.

Our teachers have accepted the challenge to share God's word with their chosen age group. We want to make sure each leader is trained and equipped with knowledge and support for the journey. Join us on August 11 as we kick off and encourage one another in this ministry.

UPCOMING DISCIPLESHIP

SUNDAYS

Grief Share

Begins Aug. 18 | 4:30 - 6:00 pm | Rm C304

Facilitated by Boyd Dimmock, Larry Autry and Stephanie Johnson.

Old Testament Survey

Begins Sept. 8 | 6:00 pm | Rm C302/303

Overview study of the Old Testament with a target for the SS teacher, student and interested learner. Will include a literary approach to studying the Old Testament. Led by Dr. Tony Cartledge, Campbell Div. School.

Financial Peace

Begins Sept. 8 | 5:30 - 7:00 pm | Rm C101

A Dave Ramsey program explaining scriptural guidelines for handling money. Sign up and pay through website: DaveRamsey.com. Facilitated by Jim Tiller.

WEEKDAYS

TNT

Tuesdays | 6:30 pm | FH

Study 1 & 2 Samuel. Kick Off Dinner: Sept. 10 at 6 pm

The Humble God: The Basics of Christian Beliefs

Wed. | 6:30 pm | Rm C303

Facilitated discussion by Lydia Tatum.

Finding Strength in Christ In our Current Culture

Wed. | 6:30 pm | Rm 306

Women's Book Club

Third Thursdays of the Month | A109 Parlor

9/19 Sister Weiss by Noamie Ragan.

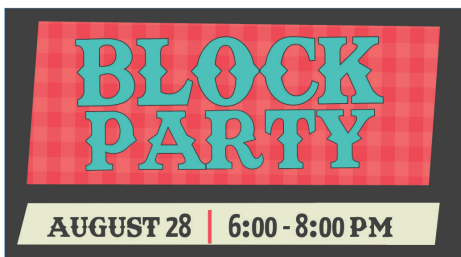
Facilitator: Nancy Cummings



Thank you all for the response to our food drive on July 28 and for your weekly donations throughout the month of July. The increased response made sure that more of our neighbor families were fed this month. You are God's hands and feet!

NRM Food Pantry Needs

Flour | Sugar | Cooking Oils | Cake Mix | Cookie Mix



MISSION TENTS

Looking for a way to serve God through missions and local outreach?

On Wednesday, August 28 from 6-8pm, you can come by the missions tents at the Trinity Neighborhood Block Party ministry fair to talk with those who are heading up missions teams locally, regionally, nationally, and internationally.

Let's start this new school year on mission!

Women's Ministry Event

Thank You

Thank you to all who helped us gather school supplies!

At our event, we packed 120 backpacks for McCreary County, 20 backpacks for Welcome House, countless teacher supplies for Pine Knot Elementary, and school supplies for children in need at Brooks Elementary.

Thank you to Brenda Lowrance and Joy Blashaw for planning the event, to Charla Peel, Karen Simms, Joannie Wheeler, and Violet Rhinehart for organizing food, and to Ruth Covenant and Bobbie Furr Class for making many desserts.



120 BACKPACKS
FOR MCCREARY COUNTY

20 BACKPACKS
FOR WELCOME HOUSE

countless
TEACHER & STUDENT SCHOOL
SUPPLIES FOR THOSE IN NEED

thank you.

THANK YOU to our mission team



Larry Autry, Joy Baker, Joy Blashaw, Mark Blashaw, Madi Blashaw, David Earp, Rebekah Gordon, Renee Hollamon, Ron Hollamon, Nancy Johnson, Stephanie Johnson, Brenda Lowrance, Ann Meyen, Mark Munday, Charla Peel, Vivian Reilly, Cathy Rouse, Mike Sherrer, Jack Stanford, Stephanie Treadway, Joe Ward, Chris Wilson

UPDATE: WELCOME HOUSE

Thank you Trinity Family for the ways you love and support Welcome House Community Network - for welcoming children at VBS, welcoming teens at the Patriotic Cookout, teaching English as a Second Language, providing rest to our summer interns, donating furniture and household items, and making our Raleigh Welcome House Hospitality House a possibility through your hard work and kindness.

There are now 8 Welcome Houses in the Welcome House Community Network across North Carolina and Tennessee.

We opened a third Welcome House Community Apartment this month in south Raleigh in addition to our Smithdale (West Raleigh) and Larson (East Raleigh) locations. These apartments provide space for us to help refugee and immigrant families with ESL, Pre-school Readiness, After School Clubs and recreation.

REDIRECTION-NC

provides housing and support services to formerly justice involved women in North Carolina, facilitating a successful transition to community life. This program is grounded in the belief that with the proper assistance, those returning to the community can overcome the many barriers to successful living that incarceration experience can create. The residents remain in the program from 6 - 18 months. We help our residents obtain NC ID, apply for public assistance where appropriate and deal with debt, such as child support, they may have incurred while in prison. We support them in court appearances, reporting to probation/parole officers and meeting the conditions of their parole or probation. For those in recovery, we embrace them in developing a plan for their recovery, helping them find support meetings in the community, in addition to our weekly in-house meetings and Bible studies.

At this time we have three houses in Raleigh - one downtown, one off of Western Blvd and one across the street from



Trinity. We are so grateful for the support that the folks at Trinity have given our homes and our ladies. We have a group of ladies that play games at each of the houses once a month with a prayer time. We have a class that gives Welcome bags full of personal items. We have received Christmas trees at Christmas and furniture donated to make these houses look like a home. We have also received generous donations



from the church and individuals helping us to keep the houses running.

REDIRECTION-NC FUNDRAISER

We are having a fundraiser Night Out at

MILTON'S PIZZA AND PASTA
AUGUST 12, ALL DAY
8853 SIX FORKS ROAD

Let them know you are supporting Redirection-NC. A percentage of your purchase will help support us. God bless you for your willingness to help in this ministry!

Questions?

Contact Stephanie Treadway 919-360-3632

Disaster Recovery

Aug. 14-17 | Sept. 18-21
Oct. 16-19 | Nov. 13-16

Contact Barry Smith, our Disaster Recovery Volunteer Coordinator: bks11050@msn.com

SENIOR SHOPPING SPREE

Asheboro, NC | Tue., Aug 20 | 9 am - 4 pm



Visit The Vintage Cottage, Collection Antique Mall, Flea Marketeers and Moring Art Center. Lunch will be at "The Table" (written up in AAA Magazine). The cost is what you spend.

Sign-up sheet goes up Aug 11.

Since this is a rescheduled trip - you must sign up again.

Questions: call Anita Yeargin: 919-212-8568.

RON'S BARN



Barbecue and Seafood

"The Best Country Cooking Around"

Trinity Laymen At Ron's Barn

Thursday, September 12 | 4 PM -10 PM

Cost: \$12 PAY AT RON'S BARN

Signup sheet will go up August 18 th.

We have 27 seats on the church vans. There will be a separate signup with 10 slots if you want to drive yourself. If someone else will be riding with you, their name should be on this list also.

Contact Bill Gard 919-618-5519 if you have any questions.

HAPPYMOVING!

Many of our college students will be moving back onto their campuses over the next few weeks.

Each year, move-in week brings alongside the stress of packing, schedule planning, and more. Keep our college students in your prayers as they begin a new school year. Students, we pray that God gives you strength and loving support. We pray that God hold you in the palm of his hand and guide you as you go.

See you in the fall!



TRIANGLE AREA STUDENTS GET PLUGGED IN TO CBSF CAMPUS MINISTRY

August 18

CBSF UNC @Fall Fest

August 20

CBSF Raleigh at NCSU Involvement Fair, 10am-1pm at Talley Student Union

August 21

CBSF UNC Fall Kick-Off Dinner & Gathering, 6pm @UBC (3rd Floor)

August 22

CBSF Raleigh Fall Kick-Off Dinner & Gathering, 7pm at Forest Hills Baptist

YOUNG ADULTS UPCOMING EVENTS

10
AUGUST

LAKE DAY

AT LAKE GASTON • 11 AM - 4 PM (FLOATING) • BRING ONE ITEM FOR POTLUCK LUNCH AND BEVERAGE OF CHOICE • MEETING AT JAN & ANDY AMMONS' HOUSE
TEXT REBEKAH FOR ADDRESS • RSVP BY AUG. 7

11-13
OCTOBER

BEACH RETREAT

AT HOLDEN BEACH • COST: \$125 FOR ADULTS, \$75 FOR KIDS (FREE FOR KIDS NOT NEEDING THEIR OWN BED) REGISTER VIA GOOGLE FORM BY SEPT. 1

TO REGISTER FOR BEACH RETREAT EMAIL REBEKAH GORDON FOR THE LINK
AT: RGORDON@TBCRALEIGH.COM

SUMMER LOOK-BACK

As our summer draws to a close, we reflect on all the ways we were able to serve God and witness Christ's love throughout our travels! During our time with the college students in Miami, the middle school students at Passport in Greensboro, and our high school students in Puerto Rico, we were amazed by our gifted and caring students. We are thankful for all those who supported and prayed for our students and adults that participated in these experiences!



SUMMER FUN DAYS

While the summer may be drawing to a close, there is still a lot of fun to be had! We have 2 more summer fun days left:

AUG 7 | BEACH DAY

8:30 am - 4:30 pm

Carolina Beach

AUG 21 | WATERPARK DAY

Cost: \$20

Wet'n'Wild

You can sign up for both events under the "Downloads/Forms" tab on the Student Ministry page of the church website.

IMPORTANT FALL DATES

Aug. 17-18

Aug. 28

Sept. 4

Sept. 8

Sept. 14-15

Oct. 4-6

Oct. 20

Nov. 1-3

Jan 24-26

Sex Ed Retreat

TBC Neighborhood Block Party

Youth Fall Kickoff

Sunday Night Alive/Choir Starts Up!

Genesis Weekend (1pm Sat.-1pm Sunday)

Bridging the Gap: 10th-11th Grade Leadership Retreat

TBC Basketball Kickoff Day (12:30-2:30pm)

Fall Retreat (HS & MS)

Ski Trip (HS & MS)

MOVING UP!

ADVANCEMENT DAY: AUG 25

All children (ages 2 and up) will move to their
NEW classes Sunday August 25th.

MARK YOUR CALENDAR

August 21 | 6pm

Missions Leaders Training

September 4 | 6pm

GA/RA Choir Starts

KIDS CAMP FALL 2019

"FRIENDS ARE GOOD"

Sept. 13-15 | Camp Willow Run | Littleton, NC | Cost" \$13 | Grades 3-5

All children in grades third-fifth grades for the 2019-20 year are invited to attend a retreat
September 13-15 at Camp Willow Run on Lake Gaston in Littleton, N.C.

Cost: \$130 (checks payable to TBC write Kids Camp in Memo Line)

Contact Katie with questions.

***Registration form and medical release form are due to the church by August 11th.**

(See church website *Children's Ministry* page or on gradeschool hallway)



A NEW SCHOOL YEAR... HERE THEY COME...

And just like that summer is almost over and school is beginning!

For some, it already has! The new school year brings excitement, nervousness, new friends, old friends, and new things to learn! One thing I encourage you not to forget to do is pray for your child as you both begin this journey. Here are a few things to pray about as we begin a new school year!

KINDNESS: Lord, I pray that my child will be kind and compassionate toward their classmates and teachers (Ephesians 4:32).

FRIENDSHIP: Lord, I pray my child will have friends who will sharpen one another like iron sharpens iron (Proverbs 27:17). May he/she have wisdom and discernment to choose friends who will be good company and spur him/her on toward love and good deeds (1 Corinthians 15:33, Hebrews 10:24-25). May he/she be a leader among their friends by always being the first one to share, offer a kind word, and do what's right.

SERVANT'S HEART: Lord, I pray that you will give my child eyes to see opportunities to be a blessing and a helper. May my child have a heart of humility and serve others in love (Galatians 5:13). May my child use their gifts well by helping others (1 Peter 4:10).

I am praying for your child and YOU! I am so excited to hear their stories and watch them grow over the next year! Adventure awaits... here we go!

~ Katie

WORSHIP? WHAT IS IT ALL ABOUT?

NEW CLASS for Kindergartners & Parents | Sunday, Aug. 18 | E131 | Lunch Provided

There will be a class for the upcoming Kindergartners and for you, the parents, immediately following the 10:55 service on Sunday August 18th. Lunch will be provided. For the upcoming kindergartners, the class will take place in their NEW Sunday School classroom E131.

We will explore their new space and also the sanctuary learning about what worship means together as a family. There will be a part for you, the parents. We will talk about how to guide and model worship for our children. This class will help you the parents understand your role in preparing children for faith and for worship. Your child/ren will have a time to make their own worship bag. **Come join us!**



MOVING UP!

ADVANCEMENT DAY: AUG 25

All children (ages 2 and up) will move to their
NEW classes Sunday August 25th.





WELCOME TO MISSIONS FOR THE 2019-2020 YEAR!

Thank you for serving! If you are helping in Mission Friends, GAs/RAs we will have a training meeting August 21st at 6:00 pm in the Multi-purpose room, room E247. A snack supper will be provided. Let me know by Aug. 13th if you will need childcare!

Meeting Aug 21 | 6 pm | E247 MP Rm | RSVP by 8/13

Choirs, GAs and RAs start back Wednesday September 4th at 6pm!
Make sure to join us for the block party Wednesday August 28th.

BLOCK PARTY

AUGUST 28 | 6:00 - 8:00 PM

JOIN US FOR

FOOD TRUCKS | BLUEGRASS
BAND | GAMES | INFLATABLES
MINISTRY BOOTHS | DESSERTS
| PIE A PASTOR



HOURS

Monday Tuesday	8 am - 2 pm & 3 pm - 8pm
Wednesday Thursday Friday	8 am - 2 pm
Saturday	9 am - 12 pm

The volunteers' schedule is subject to change. If no volunteer is available, the ROC may close, even during regular hours.

ROC VOLUNTEERS 8/12-16

ROC VOLUNTEERS 8/19-24



The ROC will be
Closed August 12 - 17
due to ROC maintenance.

The ROC Floor, track and workout area will be unavailable during this time. We look forward to seeing you again, with a new and improved ROC floor.

MONDAY, AUGUST 19

8 am - 11 am	Charlie & Dottie DeFrancis
11 am - 2 pm	Robie McLamb
3 pm - 6 pm	Volunteer Needed
6 pm - 8 pm	Mark Ference

TUESDAY, AUGUST 20

8 am - 11 am	Jane Sauls
11 am - 2 pm	Stephanie Treadway
3 pm - 6 pm	Kim Royal
6 pm - 8 pm	Suzanna Fay

WEDNESDAY, AUGUST 21

8 am - 11 am	Moose Beaudreau
11 am - 2 pm	Jack Cooke

THURSDAY, AUGUST 22

8 am - 11 am	Johnny Teal
11 am - 2 pm	Moose Beaudreau

FRIDAY, AUGUST 23

8 am - 11 am	Johnny Teal
11 am - 2 pm	Nell Campbell

SATURDAY, AUGUST 24

9 am - 12 pm	Volunteer Needed
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GROUP FITNESS CLASSES

STROLLER STRIDES

M, W, F • 9:15-10:15 am

Missy Currin: missycurrin@fit4mom.com

YOGA

M • 3:15 pm - 4:15 pm

Laurel Cavanagh laurelcyoga@gmail.com

FIT4MOM: BODY BACK CLASS

T, Th • 5:30-6:30 am

Missy Currin: missycurrin@fit4mom.com

DANCE-IT GROUP FITNESS

Not meeting July or August

Kathy Wilson: kathyknits62@gmail.com

SENIOR ADULT STRENGTH & STRETCH

T • 10:00-11:00 am

Laurel Cavanagh laurelcyoga@gmail.com

CAMP GLADIATOR

M, W, F • TBC Parking Lot
5:00-6:15 am

Amy Banfer: amybanfer@campgladiator.com



Looking for new ROC Volunteers

1st Tuesday of the month	8 am – 11 am
1st or 4th Saturday of the month	9 am – noon
2nd or 4th Tuesday of the month	6 pm – 8 pm
3rd Monday of the month	3 pm – 6 pm
5th Monday of the month	8 am – 11 am or 6 pm – 8 pm

Interested? Contact Spencer Good or Michelle Kranz in the office.

REGISTER TODAY!

Use **discount** code **TBC2019** to register for this year's 5k.

Registration Fee: \$20



TRINITY BAPTIST CHURCH

NH5K

BENEFITING BACKPACK BUDDIES

SEPTEMBER 14, 2019

RACE STARTS AT 9 AM

Help the NH5K fund a full year of the Backpack Buddies program

QUESTIONS?

Please contact Rev. Spencer Good at sgood@tbcraleigh.com or call the church office at 919-787-3740. Proceeds above cost of event go directly to support the Backpack Buddies.

NORTHILLS5K.COM

EXTENDED TEACHING CARE SCHEDULE

SUNDAY, AUG. 11

Hostess: Rhonda Torchio
Assistant Hostess: Lisa Arthur

8:45 am Worship Service

Ann Marie Benjamin, Steve Patrick,
Ryan Smith, Wendee Smith

10:55 am Worship Service

- 0-4 mos Allison Williams,
Anne Suggs
- 5-10 mos LeAnne Simpkins
- 11-14 mos Kendra or Michael Fuller
- 15-19 mos Brooke Miller
- 20-24 mos Meredith Martin
Phil Torchio
- 2 yrs Marty Bryant
Chip Stokes
- 3 yrs Ragan Williams
Richard Keeter
- 4 yrs Pat Pierce
Lou Carpenter
Adam Tiller*

Special Needs Worship Care

Hostess: Christy Frisbee
Rhonda Torchio, Julie Daughtry

* Youth Volunteer

SUNDAY, AUG. 18

Hostess: Tamara Rouse
Assistant Hostess: Molly Kovacs

8:45 am Worship Service

Laura Thomas, Wes Thomas, Matt Strother,
Lisa Strother, Beth Snyder, Brenda Burton,
Logan Ayscue

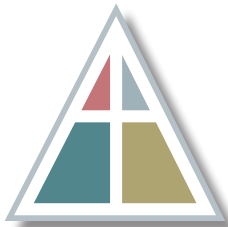
10:55 am Worship Service

- 0-4 mos Jennifer Mills
Jenna Thomas
- 5-10 mos Pam Thompson
Tammy Forrester
- 11-14 mos Barbara Owens
Alice Mathis
- 15-19 mos Stephanie Cooke
- 20-24 mos Kim Sanderson
Anderson Ivey
- 2 yrs Cissy Lewis
Lori Harrelson
Alexa Forrester*
- 3 yrs Andy Forrester
Trey Lewis*
Payne Thomas*
- 4 yrs John Cooke,
Kevin Gard
Emily Gard*

Special Needs Worship Care

Hostess: Christy Frisbee
Jennifer Harrison, Tammy McGrugan

* Youth Volunteer



When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction.

Trinity Times (USPS 006-883) is published weekly, except July 4th week and Christmas week by Trinity Baptist Church, 4815 Six Forks Road, Raleigh, NC 27609. Periodical postage paid at Raleigh, NC. Postmaster: Send address changes to Trinity Times, 4815 Six Forks Rd., Raleigh, NC 27609