



TRINITY BAPTIST CHURCH

# TRINITY TIMES

Belong. Become. Be.

This article was published prior to our latest decision concerning on-campus worship. At this time, our return to on-campus worship has been postponed. For the most up-to-date information, please go to [tbcraleigh.com](http://tbcraleigh.com).

Dear Trinity Family,

As we pass through this unprecedented time with the COVID-19 pandemic restrictions, we are now to the point where we can plan in-person worship. We are using for our mission statement:

*"Because we love our family of faith we will seek to minimize risk and trust our congregation to act responsibly."*

### We will seek to minimize risk

*A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.—John 13:34-35*

1. We will offer 2 worship services to allow proper social distancing.
2. Worship Place and Times:
  - 8:45 AM – Sanctuary
  - 10:55 AM – Sanctuary
  - 10:55 AM – Fellowship Hall streaming service for overflow.
  - We know everyone has a preference to attend early or late service. Also, we recognize concerns by SS classes to continue to hold their respective SS virtual meetings on Sunday morning. We need your help. We are asking each Sunday School class to have a conversation in preparation for June 28. We are encouraging each class to make adjustments that would allow those in their class to attend worship service on the campus if they are so inclined.
3. Entrances for Sanctuary:
  - Main entrance to Narthex
    - Elevators will not be used (Please park in back if you do not need an elevator)
  - North Six Forks Rd. (Office Portico)
    - Intended for those not able to use stairs. (Please park in front lots if you would normally have used an elevator)
  - South Six Forks Rd. (Bldg. A/B Portico)
    - Intended for those not able to use stairs. (Please park in front lot if you would have normally used an elevator)
4. Greeters will be at entrances and ask for your confirmation of
  - the self-health check,
  - understanding of hygiene & sanitation guidelines
  - request to wear a mask. We ask everyone to (except for those age 2 and under) wear a mask covering your nose and mouth at all times. (For those without effective masks, supplies are planned at Trinity.)
  - Social distancing will be practiced at the entrance. If you find yourself waiting in line, please distance using the markings on the sidewalk. If you can, we suggest arriving to church a few minutes earlier than usual to accommodate the entry and seating protocol.
5. Ushers will direct you to seating to facilitate social distancing as people arrive. We plan to use 5 sanctuary entrances.
6. We will sit in every other pew and we will sit in a different set of pews in each service.
7. Ushers will assist with an orderly exiting from the sanctuary to facilitate social distancing. We will ask participants to exit directly through the sanctuary and facility doors through which they entered.

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- 8. Restrooms will be limited.
- 9. Restrooms and Common Areas will be cleaned between services.

We will ask our congregation to act responsibly

*Do nothing out of selfish ambition. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others. —Philippians 2:3-4*

The act of returning to campus requires a great deal of trust in one another. This is why we need everyone to do all they can to not only protect themselves at this time but to protect one another. With this in mind we ask the congregation to follow these recommendations:

- 1. Please self screen your health. If there is any doubt regarding your health in regards to exposing someone else to the Corona Virus or you are in a high-risk category or have a compromised health condition, we ask you remain home at this time and join us through virtual worship.
- 2. We request that as you enter the building you wear a face covering. If you do not have an appropriate face covering, we can provide you with one. Remember, that the face covering is for the good of the other. By cooperating with this request, we are putting one another first. Out of love and care for one another, we ask you cooperate with this request.
- 3. We will ask everyone to social distance while in the building and on campus.

What to expect in worship

- 1. The worship service will be abbreviated and without live vocal music.
- 2. Offering plates, hymnals and pew Bibles have been removed from the Sanctuary. (Please bring your own Bible)
- 3. Bulletins will be online.
- 4. The offering will be received as you exit. You are also encouraged to continue giving through online methods as well as bank drafts and through mail to our Post Office Box.
- 5. Remember, that although worship will look and feel different, God is the same yesterday, today and tomorrow and deserves our praise.

*Great is the Lord and worthy to be praised! — Psalm 145:3*

STAFF CONTACT INFO		
ASSOCIATE PASTORS	Dr. G. Jeffery Roberts	Senior Pastor jroberts@tbcraleigh.com
	Rev. Steve Byers	Worship & Music slbyers@tbcraleigh.com
	Rev. Karen Metcalf Eickhoff	Education & Discipleship kmetcalf@tbcraleigh.com
	Rev. Spencer Good	Administration sgood@tbcraleigh.com
	Rev. Lydia Tatum	Ministry & Missions ltatum@tbcraleigh.com
SUPPORT STAFF	Rev. Christian Davis	Students & Recreation cdavis@tbcraleigh.com
	Rebekah Gordon	College & Young Adults rgordon@tbcraleigh.com
	Katie Medlin	Children & Preschoolers kmedlin@tbcraleigh.com
	Jan Brown	Financial Administrator janbrown@tbcraleigh.com
	Reenie Shore	Pastoral Secretary rshore@tbcraleigh.com
	Bonnie Cole	Ministerial Secretary bcole@tbcraleigh.com
	Noel Evans	Ministerial Secretary nevans@tbcraleigh.com
	Bentley Williams	Weekday Director preschool@tbcraleigh.com
	Debbie Surface	Weekday Preschool Admin.
	Ashbey Jones	Facilities Manager
	Rev. Wayne Rogers	Organist
	Ramona Green, Barbara Bowen	Pianists

Belong. Become. Be.



## STAFF ANNIVERSARIES

**Jan Brown**, Financial Administrator, celebrates her 23rd year anniversary with Trinity Baptist Church on June 23rd.

**Lydia Tatum**, Assoc. Pastor for Ministry & Missions, celebrates her 10th year anniversary with Trinity Baptist Church on June 28th.

Please take the time to say a personal word, write a note or place a phone call to Jan and Lydia or offer words of encouragement and support for the fine job they are doing.

## WELCOME TO TRINITY

**Carson Rouse** joined by baptism and **Doug Sanders** joined by letter.

## DEEPEST SYMPATHIES

To **Jackie Cottle** and her family upon the passing of her husband, longtime **Trinity Member Leland Cottle** on June 5.

To **Trinity Members Cecil and Joy Settle** and their family upon the passing of Joy's sister, Sherry Reasor, of Memphis, TN on June 8.

To **TBC Members John and Joy Ward** and their daughters **Kayla Ward Steedly (Josh) and Sarah Ward** upon the passing of John's father, Francis Elgin Ward, of Raleigh on June 11.

To **TBC Members Art and Sally Melvin**, and their children **Katie and Eric Morris (and their children Marlowe and Wiley Morris) and Sarah Melvin** upon the passing of Sally's mother, Sarah Warner, of Moncks Corner, SC on June 12.

To **TBC Members Brad and Allison Harris** (and their children **William and Caroline Harris**) upon the passing of Brad's mother, Ann Harris, of Goldsboro, NC on June 15.

To **TBC Members Carol Carroll and Joe and Libby Mitchiner** and their family upon the passing of Carol and Joe's aunt, Doris Matthews, of Chattanooga, TN on June 16.

To the **family of TBC Member Rev. Bob Walker** who passed away in Oahu, HI.

To **TBC Members Thomas and Patsy Holland** (and their children, **Sarah and Mary Holland**) upon the passing of Patsy's brother.

To **TBC Members Henry and Suzanne Love** (and their children **Heather and Amy Love**) upon the passing of their brother-in-law, Allan Murphy of Pelham, AL.

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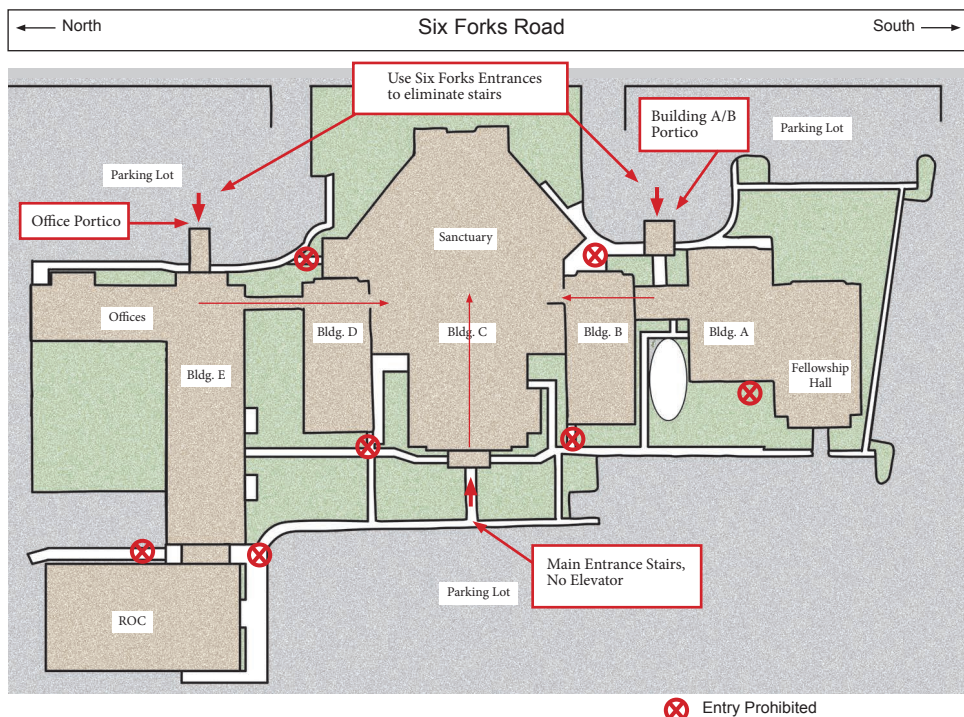
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# GENERAL ANNOUNCEMENTS

## Map of Trinity Baptist Church Campus with Entrances marked for Sunday Worship Services.



## TBC Library News

### Ebooks and Audiobooks for TBC



COVID-19 has changed our world. In our state of quarantine, access to good reading material is very limited. Never fear, eBooks are here.

Trinity now has an eBooks option in the media library. In order to have access to the eBooks, you must request to be on the approved list. Even those who already have a TBC Library Card must request eBook access because I do not have your PIN. The computer keeps that a secret after I have input it. Those who do not have a TBC Library Card will be issued one. Those who do, will use your card number and PIN to access eBooks after I enter you onto the approved list so that OverDrive will recognize you.

You can apply for a card online by visiting the TBC website at [www.tbcrleigh.com](http://www.tbcrleigh.com) and clicking on the TBC Library Online Catalog link on the left side of the website or go directly to [tbcrcn.booksys.net/opac/tbcr/](http://tbcrcn.booksys.net/opac/tbcr/). Once on the TBC Library website, click on the Library Card Registration icon located in the bottom right corner and fill out the requested information, or you may call Ron Brown at 919-782-3957.

In order to use eBooks, you will have to add the Libby by OverDrive app to your smartphone, tablet, laptop, or desktop. You can also read them on your Kindle.

## What Will Worship Be Like When We Return?...

It is certainly understandable that worship will be different than expected in many churches since the pandemic hit this year. What we once experienced and cherished less than 4 months ago seems to be something of a dream. A short time ago (and many deaths later), an invisible enemy decimated our land has changed the course of history unlike anything most of us have ever seen before. Though this virus silently stole what we knew and loved in our togetherness as people of God, it cannot take away the heart of all believers who worship the Lord in spirit and in truth. Thanks be to God for the power of that love in all of us!

Our worship as believers here at TBC is authentic, grassroots, and historical in that it is a reflection of who we are and the gifts God has given us. Those attributes will never go away, but our worship practice may feel different when we re-enter on June 28. Masks, hand sanitizers, glances and nods will replace happy faces, hand-shakes, and hugs we are used to giving away so freely. Using hymnals and pew Bibles will be replaced by technology. Singing live will be postponed for a while until it is safe to do it again without silently spreading the virus. It will seem “different” to us all, but there are some things to remember about our worship that will never change.

Not singing in worship doesn't mean no music in worship. We will provide musical opportunities through video and live instrumental music to help us “ponder anew what the Almighty can do,” as the hymn, “Praise to the Lord, the Almighty” tells us. We can use the power of our minds and hearts to worship the Lord as an expression of worship. We may even grieve a bit that worship doesn't seem as “comforting” as it used to be. It's okay to feel that way, but it will require us to measure the comfort we seek and compare it to the “cost” of something we bring as an offering to God. Worship should cost us something. We will have to sacrifice some things as we knew them to be, but we will rejoice one day when we return to what we always knew as joyful and celebrative worship of Jesus. Praise from the heart doesn't change though the methods and practice may from time to time.

I would like to share an article with you I recently read. It is powerful. Spend some time studying what it says and ask God to prepare your heart through it.

<https://www.renewingworshipnc.org/regathered-worship-laying-down-self/>

Until we meet again,  
Steve

## Always Room for You!

Find your place in the music ministry in 2020! We will be back together sometime in the near future!

If you have singing or instrumental abilities, we need you. We are always looking for more musicians to add to our worship leading ministries at Trinity. Consider getting involved in music ministry and being a part of an exciting place of ministry!

*And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. — Philipians 1:9-11*

## NOMINATING COMMITTEE

We are still a church and church programs need to continue. The Nominating Committee will be working during this time at home and social distancing. Please be open to how you can serve in the 2020-2021 church year in Bible Study, Discipleship and Sunday School. Mary Brown is our committee chair and you can reach her at mpbrown57@gmail.com or (919) 606-4832 or you can reach Karen at kmetcalf@tbcraleigh.com or (919) 522-3358.

## Sunday School

### Group Activity Outdoor Space

Many, many, thanks to the Allen/York Adult 4 SS Class for setting up the large tents around our property. The tents will provide some shade. The tents will not have walls so that there is adequate air-flow. These spaces are available for any group to reserve when you desire to have a function on the church grounds.

#### Outside spaces available onsite:

1. Building A: Grassy area under trees in front of building A (FH building near Six Forks.) No tent
2. Underground area Tent: Placed just outside the Underground/building D near back parking lot.
3. ROC/Playground area Tent: Coming out from the back doors of ROC lobby toward Cranbrook.
4. ROC Parking lot Tent: Largest Tent behind ROC near Manchester.
5. Carter Property: No Tent
6. Parking lots: not tented

#### Guidelines for church use:

1. Participants must call and reserve the space with Noel Evans in church office. Reservations are available one week before each use. A new reservation is required for each use.
2. Bathrooms are available in Building A and ROC lobby only. One must secure an access card for entry into building for bathrooms. This should be done during the reservation process. Bathrooms are professionally cleaned during weekdays. Bathroom access is limited on the weekends to ROC Lobby only to preserve sanitation for Sunday worship.
3. Participants must adhere to the guidelines promoted by the church --which are displayed on the church doors.
4. Participants must bring their own chairs.
5. Spaces are available Sundays after 12:15pm and all day Monday-Saturday.
6. Bandwidth on church WIFI is limited. We suggest groups use personal phone/hotspots.

A form is available online and is interactive or can be obtained by calling the church office. Our goal is to provide opportunity for your Sunday School group to meet in person, fellowship together and possibly share in a lesson or devotion. We hope these are helpful areas and can guide you in planning events.

**SS Devotionals/Magazines:** July items are arriving. Feel free to pick them up.

## Discipleship

### Finding Strength in Christ within our Current Culture

These are unsettling times. We are beginning to look at offering some related books studies and discussions possibly through Zoom as a follow up to our studies from last fall/winter. Karen welcomes your input and suggestions. Stay Tuned!

CBF is offering virtual registration this week for their annual General Assembly. Check out CBF.net to get the link. Also the Baptist Joint Committee is offering a virtual luncheon this Friday. They often have this during the CBF General Assembly. Check out bjconline.org to sign up.



## NRM Food Pantry Needs

**Spaghetti sauce | Spaghetti noodles | Canned chicken  
Canned pasta with meat | Canned soups | Spam  
Cereals | Granola | Peanut butter | Jelly  
Beef jerky | Rice (regular sized bags) | Canned salmon  
Non-refrigerated country ham products | Vienna sausages  
Toilet paper | Paper towels | Cleaning supplies (new, unopened)**

Food can be delivered to the ROC entrance of Trinity or to NRM's Thrift Shoppe donation door.



Don't forget to follow North Raleigh Ministries on Facebook and Instagram for the most up-to-date information on how we can be Good News in our neighborhood!

Contact Lydia for more ways to make a difference for God's Kingdom in your community! [ltatum@tbcraleigh.com](mailto:ltatum@tbcraleigh.com)

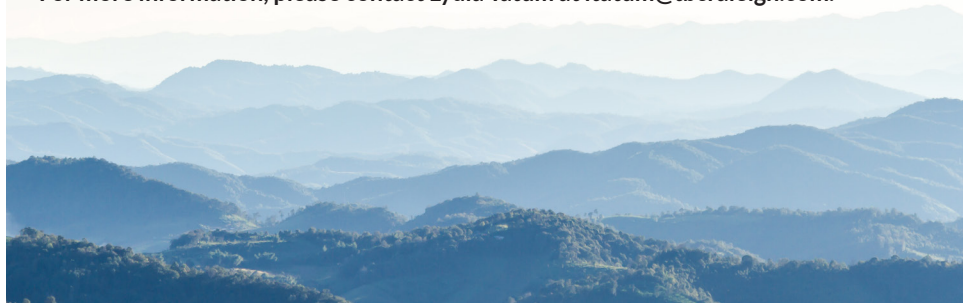
## McCreary County, Kentucky Mission Trip

**July 26 - 31, 2020**

Cost: \$60 for housing, Trip expenses to be split and paid upon return

It has been with much care and concern that our Kentucky Mission Lead Team has planned for our church to be able to continue to minister to McCreary County, Kentucky during the COVID-19 pandemic. In partnership with Baptists on Mission as well as our longtime missionary friends Jim and Rita Cmolik, we are recruiting a team to go and serve in food service and construction ministries.

For more information, please contact Lydia Tatum at [ltatum@tbcraleigh.com](mailto:ltatum@tbcraleigh.com).



## How Can I Help My Neighbor in Need?

### *Pray*

As Christians, we are called to commune with God. We are invited to lift our hearts to God with prayers of praise, petition, adoration, and lament. Jesus both teaches us how to pray and encourages us to rely on prayer for our every need. For Jesus, “when you pray” assumes that prayer in our lives is just as necessary as breathing - it is a given; it is life sustaining; and, it is powerful.

As you look for ways to be Christ to all of our neighbors, begin with prayer. Prayer opens us up to the movement of the Holy Spirit, it prepares us to receive holy instruction from God, and it softens our hearts to experience holy transformation into Christ's very likeness.

### *Donate and Volunteer with our Missions Partners!*

#### **Create Your Own Missions Project**

- Have a passion for helping? Be encouraged to meet your passion with your unique giftedness and creativity and come up with a new way to support our local missions partners through our pandemic response.

#### **North Raleigh Ministries**

- Food donations can be brought to the ROC entrance at Trinity and placed in bins anytime any day.

[www.northraleighministries.com](http://www.northraleighministries.com)

#### **Raleigh Rescue Mission**

- Encouraging notes to residents can be mailed to: “Raleigh Rescue Resident” at PO Box 27391 Raleigh, NC 27611. Or, emailed to: [VirginiaG@raleighrescue.org](mailto:VirginiaG@raleighrescue.org) who will distribute them within RRM.
- Food and supply donations can be dropped off at 314 E Hargett Street.

[www.raleighrescuemission.org](http://www.raleighrescuemission.org)

#### **Redirection-NC**

- Please pray for these ladies and this pandemic as well as our continued ability to give these women the assistance they need to succeed.
- Donate Food Lion gift cards for groceries. Mail to: Redirection-NC at PO. Box 20231 Raleigh, NC 27619.

[www.redirection-NC.com](http://www.redirection-NC.com)

#### **Welcome House Community Network**

- Donations of \$50 gift cards for food security purposes to Food Lion, Walmart, or a Visa Gift Card. Mail these to Trinity Baptist Church c/o Rev. Lydia Tatum PO Box 97368 Raleigh, NC 27624.

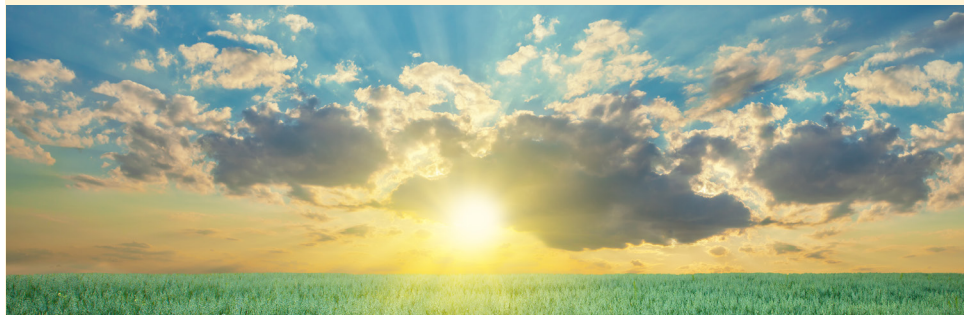
[www.cbf.net/wyatt-give](http://www.cbf.net/wyatt-give)



*This is the day the Lord has made; we will rejoice and be glad in it.*  
- Psalm 118:34

## Top Ten Ways to Beat Zoom Fatigue

10. Check out an eBook from your Trinity Library (see page 4 for instructions).
9. Clean your windows to get a better view of all of the green going on outside thanks to rain and sunshine!
8. Make a cup of tea or coffee and sit and savor it with no rush for what's next in your day. Thank God for that moment.
7. Watch an old movie that you associate with good memories - anything Audrey Hepburn will do.
6. Call an old friend for a good chat - talk about the weather, books you've read, and how you are connecting with God these days.
5. Send a note to encourage your Sunday School teachers for the good job they have been doing these past few months.
4. Cut or buy flowers to freshen up your house and bring the outdoors in.
3. Choose a book of the Bible to study intently. Read, study, and pray.
2. Send a surprise care package to a loved one.
1. Go outside and breathe the fresh air. Thank God for the dawning of each new day.

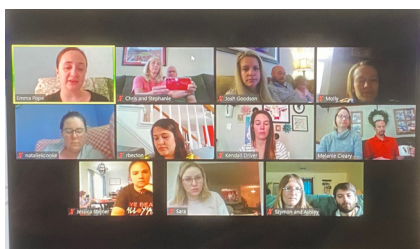
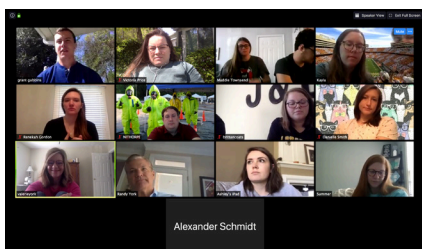


## A PRAYER FOR YOU:

May God go before you to lead you | May God go behind you to protect you  
May God go beneath you to support you | May God go beside you to befriend you  
Do not be afraid. Take heart. | May the blessing of God the Father, Son, and Holy Spirit be upon you. | Do not be afraid. Take heart. | Go in peace to love and be with the Lord. | Amen.



## STAY CONNECTED



Young Adult Sunday School classes are meeting at 10am on Sundays via zoom. Contact Molly Kovacs (A6C2) or Rebekah for the zoom links!

## College Sunday School!

College Sunday School will meet in person at Trinity on June 28th. We will meet under the tent outside of the ROC at 6:30pm. Bring your dinner and a chair and we will enjoy our Sunday School time.

Rising college freshman are welcome to join us for Sunday School for the first time that week. We are excited to welcome you all to the class!



## TRIP CANCELLATIONS

Unfortunately, due to the impact of COVID-19, we will have to cancel the following trips:

- Senior Retreat
- Middle School Passport Camp
- High School Mission Trip to Boston

We know this is very disappointing news for our students and families. Much prayer and consideration went into making these decisions. We hope to provide other opportunities for our students once it is safe to do so!



OUR NORTHBOUND AND D-TEAMS ON  
WEDNESDAY NIGHTS HAVE ENDED FOR  
THE SUMMER BUT BE ON THE LOOKOUT  
FOR IN-PERSON YOUTH ACTIVITIES  
OVER THE COMING WEEKS!

## Missions Opportunities:

### Transitions LifeCare Cards Needed for Patients



Help us SEND A SMILE to patients who are socially isolated by COVID19. You or your kids can get creative with cards, letters, drawings, paintings, or poems with an encouraging message of love and support!

Mail items to  
Transitions LifeCare  
Attn: Marketing Department  
250 Hospice Circle  
Raleigh, NC 27607

Questions? 919.828.0890

\* Transitions LifeCare was founded as Hospice of Wake County in 1979 and provides physical, emotional and spiritual care to those living with an advanced illness, their caregivers and those who have lost a loved one. Their services include caregiver support, hospice care, palliative care, home health, and grief counseling. Services are provided regardless of age, race, religion or financial circumstances.

### Pen Pals with Raleigh Rescue Mission

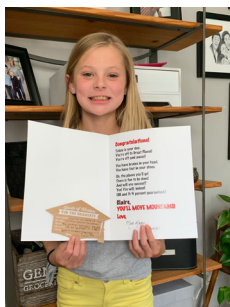


Raleigh Rescue Mission is a congregate living facility, and during this phase of the pandemic response, kids are mainly confined to their rooms, including for meals, with their parent(s) except for limited training in groups of less than 10.

One of the ways our Trinity mission partner has suggested that we can help is to facilitate a one-on-one pen pal option! Here are some details!

- Letters can be sent to: Director of Child Advocacy, 314 E Hargett St Raleigh, NC 27601.
- The ages of our children right now for school age are 6, 7, 10 and 12 years old, all male.
- I think to get the ball rolling, initial letters from the same age group would be good. (So if your child is six, aim to write to a six year old.) Your child's letter can include things like "what's your favorite subject in school?" to "tell me about your family?"

## A BIG Thank YOU!



Thank you to all who helped celebrate our Children's Ministry Graduates by sending cards and words of encouragement. This is what #trinitytogether means!

## We want to celebrate our Children's Ministry Grads!!



Do you have a preschool grad?  
Kindergarten grad? 5th grade?  
Send a picture of your  
graduate to [kmedlin@tbcraleigh.com](mailto:kmedlin@tbcraleigh.com) so we can  
celebrate them!



## PRESCHOOL & CHILDREN'S SUNDAY SCHOOL *at home*

Families: each week I am emailing out the Sunday resources.

### PRESCHOOL RESOURCES

Lifeway is offering our preschoolers Sunday School curriculum ONLINE for FREE!

What to expect:

I provided the link

You go to the link

Download and print off the Activity Page

Watch the Bible Story Time with Miss Lindy video together

Print off or view on your device the conversation guide and discuss the Bible story with your kids

Watch the Miss Lindy's Library video

Pray together

Print the coloring page for an additional activity for your kids

### GRADE SCHOOL RESOURCES

We are providing the teacher's guide each week

AND we are providing one of the Sunday School teachers OR myself telling the story with some discussion questions.

If you aren't receiving these emails let me know.



The ROC will be closed until further notice. As a result, ROC Volunteers will not be needed to volunteer for their shifts until notified otherwise.



## ZOOM FITNESS

**Chair Yoga:** Tuesdays @11am

**Zoom Yoga:** Tuesdays @12pm

**Zoom Senior Strength and Stretch:** Thursdays @12pm

Each class taught by Laurel Cavanagh!

Please Contact Christian Davis for the link each week.

### GROUP FITNESS CLASSES

Fitness Classes will NOT meet until the ROC has reopened

#### **STROLLER STRIDES**

M, W, F • 9:15-10:15 am

Missy Currin: [missycurrin@fit4mom.com](mailto:missycurrin@fit4mom.com)

#### **YOGA**

M • 3:15-4:15 pm

Laurel Cavanagh [laurelcycoga@gmail.com](mailto:laurelcycoga@gmail.com)

#### **FIT4MOM: BODY BACK CLASS**

T, Th • 5:30-6:30 am

Missy Currin: [missycurrin@fit4mom.com](mailto:missycurrin@fit4mom.com)

#### **DANCE-IT GROUP FITNESS**

Tue, Thr • 8:30-9:30 am

Kathy Wilson: [kathyknits62@gmail.com](mailto:kathyknits62@gmail.com)

#### **SENIOR ADULT STRENGTH & STRETCH**

Tue & Thr • 10:00-11:00 am

Laurel Cavanagh [laurelcycoga@gmail.com](mailto:laurelcycoga@gmail.com)

#### **CAMP GLADIATOR**

M, W, F • TBC Parking Lot

5:00-6:15 am

Amy Banfer: [amybanfer@campgladiator.com](mailto:amybanfer@campgladiator.com)



## TBC Recreation Summer Camps Cancelled

The following cancellation applies to all TBC Summer Camps including Upward Boys and Girls Basketball, Upward Cheer, Arts and Music, and Triangle Explorers.

"It is with great regret I must inform you that the leadership evaluating the safety of activities of Trinity Baptist Church during the COVID-19 pandemic have decided our church camps should be cancelled for the summer. When planning these summer camps, we hoped COVID would not reach the pandemic level it has reached. Unfortunately, the pandemic is impacting all activities at Trinity. Given our current status, and the size of these camps and activities, we cannot find approaches that allow these camps to continue while meeting CDC guidelines, and maintaining a safe and enjoyable experience for the children. Any payments you have made with the registration of your child/children will be promptly refunded. We hope you understand that this decision was reached because we feel we cannot provide the experience you and your children would expect while sufficiently minimizing the risk to them and others."

## North Hills 5K Going Virtual!

Due to the uncertainty of large group gatherings in the Fall and our desire to allow everyone to participate in the North Hills 5K safely, the North Hills 5K Lead Team has made the decision to shift to a virtual format for this year's race. This will allow us to continue to support Backpack Buddies through North Raleigh Ministries, while maintaining safety for the 5k participants! Be on the lookout for specific details regarding the race over the next few weeks and find out how you can participate and help support North Raleigh Ministries!

## TBC Cardio Around the Neighborhood (CAN)

**Sundays @6:30pm**

- Are you looking for a way to socialize while still being socially distant?
- Are you searching for ways to get out of the house and be active?
- Do you want to participate in the North Hills 5K this year but don't even know where to begin training?

If you answered yes to any of these questions, then come join us on Sunday evening to do some cardio around the neighborhood! This activity is open to all age groups and speed and endurance levels! Whether you simply want to stroll around our church's backyard with your church family or train for the North Hills 5K (we have an 8-week training plan) along the roads of the traditional course, you CAN join!

We will meet in front of the entrance to the ROC @6:30pm on the dates listed below:

July 12th  
July 19th  
July 26th  
August 2nd  
August 9th  
August 16th  
August 23rd  
August 30th

Email [cdavis@tbcraleigh.com](mailto:cdavis@tbcraleigh.com) to let me know if you are interested or for more information.

# STAY CONNECTED

## WHILE WE ARE APART

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While our congregation is physically separated, we can use social media to stay connected.

All of our social media accounts are active and posting. Follow us and interact with us.



FACEBOOK



INSTAGRAM



WORDPRESS

### Church Accounts:

facebook: trinitybaptistchurchraleigh

instagram: @tbcraleigh

### Student Accounts:

instagram: @tbcstudentsraleigh

blog: tbcstudentsraleigh.wordpress.com

We encourage you to interact on all platforms and with all accounts. Lets make a point of intergenerational fellowship even when apart.

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Remember to send correspondence to:

Trinity Baptist Church  
PO Box 97368  
Raleigh, NC 27624



### Stewardship

(YTD total through 5/31/2020)

YTD General Funds Needs (Budget)	\$1,334,987.85
YTD Operating Receipts	\$1,337,329.31
YTD Operating Expenses	\$1,142,705.13

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction.

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