



TRINITY BAPTIST CHURCH

# TRINITY

# TIMES

**Belong. Become. Be.**

One of my favorite stories to tell, which actually happened to me, occurred in my first pastorate. I was on my way to a funeral of a church member's family when I got lost trying to find a rural church. This was before GPS and so at that point I had two choices. I could continue to drive around hoping to find the church building, or I could do what most men hate to do and find someone to ask for directions. I came across a country store, parked my car and went inside. I greeted the man behind the counter and asked if he could give me directions to Old Pond Baptist Church. He looked me over and then asked a question I will never forget. He asked me, "Where are you coming from?" I thought to myself, "Where am I coming from?" I looked him in the eye and responded, "Sir, I am coming from right here."

It really did not matter how I had arrived at the country store. What mattered the most, in that moment, was how do I get from the country store to the church. Knowing where you are now and where you are going can be more important than where you have been. As a congregation, we always want to be "on our way" with Jesus. We continue to ask, "God, where are you leading?"

As we have navigated the challenges of this past year, it has been important to determine where we are as a congregation and keep our focus on where God is leading in the future. In many ways, where God is leading us is always a place of where we have never been before. God is always leading us into God's future prepared for us. To go into that future always requires faith and obedience regardless of a pandemic. Yet, we must admit that the unknown of what lies ahead, after the pandemic is over, can cause us anxiety, even as we look forward to many of the precautions we have undertaken going away. In this moment, I think it is important to remind us as a congregation where we are in April of 2021. What is our current starting place? I would like to share some good news and the challenges we still face.

First, the good news is that our congregation remains strong in mission, faithfulness and engagement. Currently we are having around 300 in on campus attendance on Sunday morning for worship. The majority of our congregation still remain connected through our virtual worship service. At this point, 12 of our 22 Adult Classes have returned to campus for Sunday School and are functioning in a hybrid model of in person teaching and virtual class. We also know that those who are gathering on campus and those who are yet to gather, continue to have high engagement of class members. In fact, many Sunday School classes report they have more online engagement than they had in person attendance before the pandemic. This is one of the reasons some classes are hesitant to return to campus until the large majority of the class is ready to do so.

In addition to our Sunday School engagement, we continue to have Discipleship classes and Bible Studies that are both in person and online. Many have found these to be helpful in their continued spiritual growth. Our Children's Ministry and Student Ministry are offering various on campus and online experiences to our children, students and families. Our Senior Adults are becoming more active in attendance and in fellowship. This has been so important as many of them were isolated for a very long time.

Dr. Jeff Roberts | Senior Pastor | [jroberts@tbcraleigh.com](mailto:jroberts@tbcraleigh.com)  
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## PASTOR ARTICLE CONT.

Our Missions Ministry has continued to provide ministry to our community and beyond. Through mission collections, disaster relief trips, funds to our mission partners and other hands-on activities, we have been faithful to minister beyond our congregation. Our music ministry, although very hampered by the restrictions of the pandemic, has discovered new ways to provide inspiring music for worship. I am so grateful for our musicians who have stepped forward during this time. The ROC is also open for walking and working out, and we are beginning group classes with protocols in place. We also celebrate the faithfulness of so many who have served our congregation behind the scenes during this year. Our Deacons, Trustees, teachers and all of our committees have been so faithful to their tasks. In addition to this, our congregation's faithfulness in giving has been tremendous. Financially the church is in great shape and able to continue the ministry we have now and before us. Thank you for being so faithful.

There is much to celebrate as we arrive in April of 2021 but we admit there are challenges we still have before us. The three most challenging aspects of the next few months remain in three areas of our congregation. The first is in regards to our children and students. As we continue to navigate health risks for children, students and for their adult leaders, there are still more questions than answers at this point. We continue to follow the best practices we can to reduce risk and to keep families safe. This means that as we move ahead we will be seeking to discover ways to increase our ministry to and with families with children. We are going to be expanding our capacity for family Sunday School in the ROC. In addition, we are working hard to create an Extended Teaching Care model for the summer that would allow families with young children to attend worship and their child be cared for during worship. Our Nominating Committee is also hard at work securing teachers and leaders for our Children's Ministry when we begin the new church year in the fall. Our student ministry will continue to meet and will utilize outdoor spaces and activities for teaching and fellowship.

A second challenge we face is in regards to our music ministry. As we know at Trinity, we love our choirs, ensembles and congregational singing. One of the hardest parts of the pandemic has been the higher risk of singing together. This means that we have been restricted on how to sing together and we all miss the incredible ministry our Sanctuary Choir and others offered us week to week. In recent weeks, Rev. Byers has led an effort to begin to reengage our singers and musicians. We have a team consisting of Music Committee members and choir members who are helping to give leadership to planning how we can reintroduce the depth of our music ministry back into the life of our church. We all are looking forward to that day. I ask you to pray for wisdom and guidance in this matter.

Our final challenge for the days ahead will be volunteers for the ministries God has for us in the future. As we return to gathering and to being able to offer our many ministries again, it will be important for all of us to ask, "Where is my spot?" What is God calling you to do in the life of our congregation? What gift do you have to offer the body of Christ? As we move into the future God has for us, it will be important we all find our spot and "join hands with God."

Let me finish this long article (I think the longest article I have written in 21 years as your pastor) by saying thank you for all you have done during this difficult challenge. I am confident in our congregation and more so I am confident in Christ and the work of the Holy Spirit in us and through us.

As I told the man behind the counter in the country store, "This is where I am beginning." Only God knows what great things are in store for us.



May 2

**Derrick Alston** has been a member of Trinity since 2007. He and his wife, Beth, have two sons, Matthew and DJ Alston. They also have a grandchild, Adonis Alston. Derrick works as a deacon with the Adult 4, coed 6 Sunday School Class and is involved in various other Trinity activities.



May 9

**Paige Bagwell**, native of Garner, NC, has been a member of TBC since 2006. She and her husband, Jody, have two children Lyla (13) and Molly (10) who attend Friendship Christian. She works as the COO at Redwoods. Paige is the deacon for the A5C4 SS class and serves as the Women's Ministry director and Route 66 SS class secretary. She also serves with the Personnel Committee and ETC.

## DEEPEST SYMPATHIES

To **Steve and Shirley Eason** and their children, **Sherry Rosser** (Ronnie) and **Robin Strickland** (and children, Arlynn Hooper and Alyssa Strickland) upon the passing of Shirley's father, **Bill Weatherman**, on April 16.

To **Joe and Star Davis**, and their children Hannah Davis and Sarah Davis-Kitchens (Jesse Kitchens) upon the passing of Joe's mother, **Dortha Davis** on April 25.

To **Jeremy Morgan** upon the passing of his wife, TBC Member **Megan Champ Morgan** on April 22.

## CONGRATULATIONS

To **Matt and Lori Wall** (and their daughter, Essie) upon the birth of their daughter, Keeley Elizabeth Wall, on April 13.

To **Jessie Ammons Rumbley and Chris Rumbley** on the birth of their daughter, Sloan Lee Rumbley, on April 19. Proud grandparents are Andy and Jan Ammons, uncle is Max Ammons.

## STAFF ANNIVERSARIES

**Karen Eickhoff**, Assoc Pastor of Education & Discipleship, celebrates her 28 year anniversary with Trinity Baptist Church on May 1st.

**Spencer Good**, Assoc Pastor of Administration, celebrates his 16 year anniversary with Trinity Baptist Church on May 2nd.

*Please take the time to say a personal word, write a note, place a phone call to them or offer words of encouragement and support for the fine job they are doing.*

## A NOTE OF GRATITUDE

Thank you Trinity for the many acts of kindness you have shown our family since Bill's death. He dearly loved our church and you have shown our family that you loved him too. Bill and I were just two and a half years out from being charter members, joining when Trinity was a small country church. It's been a wonderful experience to see it grow into the big city church that it is today, but it's the people that make a church great and that's you! Thank you so much! -Anne Warren

# GENERAL ANNOUNCEMENTS

## SUNDAY SCHOOL FOOD TRUCK FELLOWSHIP

**Sunday School Council is readying a rodeo of food trucks!**

**May 23 | 5:00-7:00 pm**

**Back parking lot with access to Fellowship Hall**

Bring your own chairs or head into the fellowship hall. You can gather at the **Gonza Tacos** truck, bounce to the **And Also with Cue BBQ** truck, and have an ice day at the **Lumpy's Ice Cream** truck. More to be added.

Come and join your SS class, your Department, and other members for an evening of fun time with Fellowship and food. We will adhere to protocols and sit and eat outside. Bring a chair and come ready to share in the festive event of Food trucks. Most menu items are \$10-15.00.



### THE TRINITY TABLE PODCAST



Our current podcast series is following along the "Rediscovering Joy" sermon series. The TBC ministers are journeying alongside various TBC members to discuss these sources of joy and the accompanying Philippians texts. The Trinity Table Podcast can be found on iTunes or on [www.podbean.com](http://www.podbean.com). Search for The Trinity Table or TBC Raleigh to find the podcast.

## VOLUNTEERS NEEDED!

**We need volunteers in all areas of ministry for the fall of 2021! Please Contact a church minister if you have any interest in serving, assisting, teaching, or coaching in any of their ministry areas. Thanks to all who lend a hand!**

Preschool or Children: [kmedlin@tbcraleigh.com](mailto:kmedlin@tbcraleigh.com)

Youth or Recreation: [cdavis@tbcraleigh.com](mailto:cdavis@tbcraleigh.com)

College or Young Adults: [rgordon@tbcraleigh.com](mailto:rgordon@tbcraleigh.com)

Music: [slbyers@tbcraleigh.com](mailto:slbyers@tbcraleigh.com)

Adult Discipleship: [kmetcalf@tbcraleigh.com](mailto:kmetcalf@tbcraleigh.com)



**It has been so encouraging to see the numbers pick up in worship** as we move further into the vaccination process against this terrible virus. While we are working through it, our Music Ministry has been patiently awaiting a return to worship leadership. Our people have been hanging in the balance to hear the words “come on back” to the rehearsal rooms and choir loft. Unfortunately, that time is still not at hand. The longing to sing and play music before the Lord is in our DNA.

Spiritually, I believe we have been given exactly what we need to endure the race and to persevere. Musically, there is a strong longing to praise the Lord through song in community such as a choir or ensemble. The fellowship, the spiritual and purposeful work, the musical challenge, and the communication of God’s Word are all foundational to our ensembles and choirs. Church musicians understand this. There is such a void when we are not working together to praise our Lord and Savior, the Creator of the gift of music we’ve been given. It may seem that we’ve lost our “alleluias” to the Lord.

One of our “Trinity Classics” that the Sanctuary Choir sings is “Make My Life an Alleluia,” written by Ruth Elaine Schram, a prayer asking God to make our lives a life of praise to Him. That is our cry. That is our song. Lord, make our lives an alleluia!

*Make my life an alleluia, a song of praise to You each day.  
To proclaim Your grace and glory, fill my heart with Your praise, I pray.  
When I stand at the mountaintop or the valley of despair,  
This will be my cry, my song, my prayer; Lord, make my life an alleluia.*

*Make my life an alleluia, a gift of love to You, my King.  
I will join with all creation in the song that the heavens sing!  
The earth will turn, and the planets spin, as the seasons ebb and flow;  
Still, Your grace surrounds me as I go, Lord, make my life an alleluia.*

*Make my life an alleluia, this offering of myself I give to You.  
I will share Your grace and mercy for as long as I shall live.  
When I come to my journey’s end, May those left behind be reminded  
This has been my cry, my song, my prayer Lord, make my life an alleluia.*

Until we meet again,  
Steve



**ALWAYS A PLACE FOR YOU!** Find your place in the music ministry in 2021! We will be back together sometime in the near future! If you have singing or instrumental abilities, we need you. We are always looking for more musicians to add to our worship leading ministries at Trinity. Consider getting involved in music ministry and being a part of an exciting place of ministry!

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise-- the fruit of lips that openly profess his name. — Hebrews 13:15*

## DISCIPLESHIP NEWS

### Griefshare

**Wednesday Evenings** | 7:30pm

Facilitators: Boyd Dimmock, Larry Autry, and Stephanie Johnson

### Women's Book Club

**Third Thursday** | May 20 | 7:00pm

*Just Mercy: A Story of Justice and Redemption* by Bryan Stevenson

Facilitator: Nancy Cummings  
[ncummings12@gmail.com](mailto:ncummings12@gmail.com)

## Sessions with Philippians: Finding Joy in Community by Bo Prosser

In Fellowship Hall and via Zoom on Wednesdays

**April 14 - May 19**

11:00a.m. Senior Adult Study lead by Rev. Lydia Tatum

6:30p.m. Study lead by Dr. Jeff Roberts

This six week study of Paul's letter to the Philippians explores the centrality of Paul's faith in Jesus Christ, his love for the Philippian church, and his joy in serving both Christ and their church. Paul's letter reminds us of his special relationship with Jesus and calls us into a renewed relationship with Christ, too. Email Lydia at [ltatum@tbcraleigh.com](mailto:ltatum@tbcraleigh.com).

## LES MISÉRABLES STUDY

Who loves a good musical? Join us as we watch the movie or join us in Bible Study seeking to merge the themes of Les Misérables with scripture and relate it for our times today.

The hit Broadway musical, Les Misérables, based on Victor Hugo's 1862 novel, is one of the longest running musicals in the world. This profound story of Jean Valjean's quest for redemption and changed life has inspired audiences to ponder themes of grace, justice, poverty, freedom, love and hope. Hugo's story is steeped in Christian imagery and ethics. The story is built around the life of the redeemed criminal, Jean Valjean, and his quest to discover the peace of God's grace. His story is not unlike our own. Like Valjean, we struggle with making holy choices, how to wrestle with poverty and injustice, and how to share love within a world in desperate need of hope.

Les Misérables invites us to see what happens when grace and justice collide. Can mercy and the law exist in the same place at the same time? Are grace and justice mutually exclusive, or might these ideas be one and the same? The characters in Les Misérables each represent a different idea, such as grace, justice, poverty, and love. We will look at each one and examine the themes through the lens of Christian Faith. You can join us for the study whether or not you watched the movie. **If you would like to purchase the study book you can purchase at [Cokesbury.com](http://Cokesbury.com).**

### Movie Showing

**May 1** | 6:00pm

Fellowship Hall

### Les Miserables Study

**Tuesdays** | 6:30-8:30pm

Zoom and in-person in Fellowship Hall

Contact Karen for zoom at [kmetcalf@tbcraleigh.com](mailto:kmetcalf@tbcraleigh.com)

**May 4:** Grace well Received: The story of Jean Valjean

**May 11:** When Grace and Justice Collide: The Story of Javert

**May 18:** The Poor are always with you: The Story of Fantine

**May 25:** The Gift of Love: The story of Marius and Cosette

**June 1:** Building on the Barricade: The story of Les Amis

**June 8:** The Blessed Garden: A Hopeful Vision



## SENIOR ADULT BIBLE STUDY

**Sessions with Philippians: Finding Joy in Community by Bo Prosser** on Wednesdays at 11:00am in the Fellowship Hall and via Zoom with Lydia  
**April 14 - May 19**



*Sessions with*  
●●● **Philippians**

*Finding Joy in Community*

This six week study of Paul's letter to the Philippians explores the centrality of Paul's faith in Jesus Christ, his love for the Philippian church, and his joy in serving both Christ and their church. Paul's letter reminds us of his special relationship with Jesus and calls us into a renewed relationship with Christ, too.

For Zoom information, please email Lydia at [ltatum@tbcraleigh.com](mailto:ltatum@tbcraleigh.com).

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## SENIOR ADULT BAPTIST HERITAGE DAY

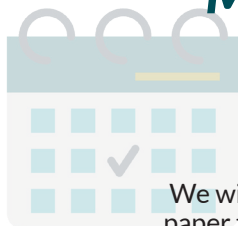
### SUNDAY MAY 2ND

10:55a.m. Worship Service - In-person and Online

Mark your calendars for this wonderful day of worship and honoring those wonderful people who have enriched our lives by living for God's Kingdom!

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## Mark Your Calendars



**Shredding Event**

**August 28, 2021**

**9:00a.m.-1:00p.m.**

We will need those ready to bring their boxes of paper to be shredded as well as those who would like to volunteer to help!

## WELCOME HOUSE COMMUNITY NETWORK

### Hospitality Team Recruitment

Are you willing and able to set up a home and welcome new families to the Raleigh area? Can you serve on an on-call basis? Do you have a heart for hospitality? Are you a little curious? **We would love for you to join us in serving our local community's newest residents by welcoming them with the Love of God!** For more information, contact Lydia at [ltatum@gmail.com](mailto:ltatum@gmail.com).

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## FEED THE HUNGER MISSION OPPORTUNITY

Sunday June 12 | Fellowship Hall | 10am-12pm and 1pm-3pm

Feed the Hunger is a NC based organization committed to addressing both the food distribution problem that prevents people worldwide from getting the nutrition they need, and the spiritual hunger faced by those in extreme poverty. In a joint effort of Missions Steering and the Women's Ministry of Trinity, our church will once again host a Feed the Hunger packathon to pack 24,000 meals that will be delivered to the needy across the United States, including regions affected by recent natural disasters. Meals will also be distributed by Feed the Hunger's international partner churches to spread the gospel around the world.

This energetic and fun project is open to anyone 1st grade and older. Feed the Hunger guidelines require volunteers wear a facial covering and participate in a temperature screening prior to entering the facility. Feed the Hunger will also provide gloves and hairnets for all participants. The number of volunteers has been capped for this event to ensure proper social distancing during the packathon. Please use one volunteer slot per each member of your family and kindly keep your family members together at a station. You may sign up using the sign-up genius link on the TBC website or by **calling Misty Deyo at 919-272-5388**.

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## KENTUCKY MISSION TRIP

July 24-31, 2021 | Registration begins in May

Join us on mission in McCreary County, Kentucky serving with the Lord's Cafe and the Light Community with Crossroads Community Baptist Church. To learn more about these vital ministries visit:

The Lord's Cafe:

[kybaptist.org/stories/crossroads-community-baptist-churchthe-lords-cafe,3153](http://kybaptist.org/stories/crossroads-community-baptist-churchthe-lords-cafe,3153)

The Light Community:

[kybaptist.org/stories/crossroads-community-baptist-churchthe-light-community,3155](http://kybaptist.org/stories/crossroads-community-baptist-churchthe-light-community,3155)

For more information contact Brenda Lowrance at [bhlowrance@gmail.com](mailto:bhlowrance@gmail.com) or Joe Ward at [joe.ward2@gmail.com](mailto:joe.ward2@gmail.com).



# Local Ministry Partner Supply Drive

Please deliver all NRM food donations at our Local Ministry Supply Drive on the Second Thursday of each month, in our bins at the entrances on Sunday mornings, or directly to NRM at 9650 Strickland Road, Suite 161 Raleigh, NC 27615.

**Raleigh Rescue Mission**

- Cheese & Cold Cuts (any type)
- Individual Fruit Cups & Juices
- Individual Snack Packs
- Individual Condiment Packets (from Amazon)

**North Raleigh Ministries**

- Cereal
- Cleaning Supplies

**TBC Cares Ministry**

- Children's Summer Clothing (all sizes)
- Men's Short Sleeve Shirts/ T-Shirts
- Men's Shorts

## MEDICAL AND DENTAL BUS

### Serve the Smithdale Community - May 1, 2021

Our team is in need of reception volunteers, nurses, and doctors. We will be serving 9:00a.m.-5:00p.m. All volunteers can sign up to serve all day or in four hour shifts.

Contact Beth Davis, medical/dental bus coordinator, at 919-274-3552 to sign up and for more information.

## TBC CARES MINISTRY TEAM

Every Monday a group of Trinity volunteers takes the time to sort clothing at North Raleigh Ministries that has gone past its "sell by date" so that it can be used by other ministries throughout our city and beyond connecting our ministry partners with the clothing they need to serve those to whom they are called.

During the pandemic, this team has been active but shorter staffed, and they need your help to keep up with the supply and the demand. If you are interested in helping to be the best stewards of our gifts and donations and making sure that those in most need receive these gifts, **contact Brenda Lowrance at [bhlowrance@gmail.com](mailto:bhlowrance@gmail.com)**.

Contact Lydia ([ltatum@tbcraleigh.com](mailto:ltatum@tbcraleigh.com)) for more ways to make a difference for God's Kingdom in your community!

## YOUNG ADULT SUMMER STUDY

## Dialogues on the Refugee Crisis

Tuesday Evenings in June | Time/Place TBD | Rebekah Gordon and Ashley Glimasinski



With more than 65 million people displaced in the world today, no one can dispute that we are in a refugee crisis. Human history holds many narratives of disruption and migration, including that of every person in our country and all throughout the Bible. As Christians, our faith should be borderless and grounded in the inherent value of all people because we are all made in the likeness of God. So what is going on with refugees today? What is the church's historical involvement? How can we offer a network of care here in Raleigh? Join this study to discuss all of this and more!

## COLLEGE SUMMER DATES

## SS WITH REBEKAH

Underground at 10:00am

**May 9, 16, 30:** "Get to Know You" SS**May 23:** No SS (College Retreat)**June 6- August 1:** "When Christians Get It Wrong"**July 4:** No SS (Independence Day)

## FUN DAYS

**June 30:** Durham Bulls Game**July 11:** Lake Day**August 11:** Beach Day

## SUNDAY NIGHTS AT REBEKAH'S HOUSE

"Tapas and Topics" at 6:00pm

**July 11:** Work**July 18:** Family and Friendships**July 25:** Mental Health**August 1:** (College Mission Trip)**August 8:** Dating**August 15:** Life that Matters

## COLLEGE TRIPS

**College Retreat:** May 21-23 (Williamsburg and Busch Gardens)

Register by May 2nd | Forms sent via mail

**College Mission Trip:** August 1-7, 2021 (New Bern, NC)

Register by July 1st | More info coming soon

*Register by emailing Rebekah at [rgordon@tbcraleigh.com](mailto:rgordon@tbcraleigh.com)*

## IMPORTANT SUMMER DATES

We know there is a lot still up in the air about what this summer will look like for the Student Ministry. We want to be prepared for the opportunity to take part in summer mission trips, if the health conditions allow us to do so. Therefore, we have marked dates on the calendar for Middle School and High School Trips to help your families prepare. **IF** we are able to have mission trips this summer, these will be our dates:

Summer Kickoff (On Campus): **June 9**

Lake Day: **July 11**

Graduation Sunday: **June 13**

Middle School Passport: **July 12-17**

Senior Retreat: **June 16-19**

High School Mission Trip: **July 20-25**

Paintball/Ropes Course Day: **June 23**

Park Day: **August 1**

Durham Bulls Game: **June 30**

Beach Day: **August 11**

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## INFORMATIONAL MEETING ON PASSPORT CAMPS 2021

We are excited to partner with Passport this summer for our Middle School Mission experience. Their organization has dedicated much time and energy to putting together a week that will be safe and fun for our students. We want to take some time to share what plans they have in place for this summer and why we believe they will provide an awesome experience for our Middle School students! Please join us on **Wednesday, April 28th @6:30pm** while your students are in their D-Teams.



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**Youth Sunday School | Sundays @9:45am**

**ALL YOUTH (Middle and High School) will be meeting on Sunday mornings @9:45am.**

There are no in-person options at this time so we will see you all on zoom!

## Upcoming Events

### GA Tea Party

May 2

### Parent Child Dedication:

May 9

June 20

### At Home Family VBS Kits:

June 13

### Family Sunday School

May 9

May 23

June 13

June 27

*More information on VBS kits coming soon!*

## We had a fun last Family Mission night!

We toured our very own disaster relief trailer and made house piggy banks to collect money over the summer for Baptist on Mission Disaster Relief ministry. We made hand printed baby blankets to give the newest members of TBC upon their dedication. And we made cards with sweet notes of love to give to the children served by the Kentucky Missions ministry. I am in awe of how our children and their families have continued to find ways to show God's love to others during this difficult year.



## SUNDAY SCHOOL NEWS:

***We are excited for this NEW Sunday School Schedule:***

**1ST AND 3RD SUNDAY**- SS Zoom with Ms. Katie from 9:15-9:45

**1ST SUNDAY** will be Kindergarten-2nd grade from 9:15-9:45

**3RD SUNDAY** will be 3rd-5th grade from 9:15-9:45

Our zoom SS will include a short devotional based off the week's lesson, an activity, and prayer. Also a time of fellowship with seeing friends.

**2ND AND 4TH SUNDAYS**- Family SS on campus in the ROC (sign ups)

***We hope you will join us in one or both ways!***

Check email for more information.



## Parent Child Dedication

MOTHER'S DAY - MAY 9

FATHER'S DAY - JUNE 20

Contact Katie if you would like to participate. We are limiting our dedications to smaller groups at this time but are planning more dedications for the fall.

## Join us for a Mother-Daughter GA TEA PARTY

**Sunday May 2nd at 3pm - Outside at TBC**

*Please RSVP via the Evite to Katie by 4/26 (Evite to come!)*



# ZOOM ..... ..... FITNESS

CLASSES TAUGHT BY LAUREL CAVANAGH

**Chair Yoga**  
Tuesdays | 11am

**Yoga**  
Tuesdays | 12pm

**Senior Strength  
& Stretch**  
Thursdays | 10am  
*Now Meeting In-Person*

## OUTDOOR FITNESS

### CAMP GLADIATOR CLASSES

TBC Parking Lot | Amy Banfer: [amybanfer@campgladiator.com](mailto:amybanfer@campgladiator.com)

M, W, F  
5:00-6:00 am

M, W, F  
6:15-7:15 am



## VOLUNTEERS

### MONDAY MAY 3

9:30 am - 12:30 pm  
*Frank Evans*

1 - 4 pm  
*Pat Pierce*

### TUESDAY MAY 4

9:30 am - 12:30 pm  
*Moose Beaudreau*

1 - 4 pm  
*Brynn Moore*

### WEDNESDAY MAY 5

9:30 am - 12 pm  
*Seth Fay*

12 pm - 4 pm  
*Seth Fay*

### THURSDAY MAY 6

9:30 am - 12:30 pm  
*Moose Beaudreau*

1 pm - 4 pm  
*Brooks Peel*

### FRIDAY MAY 7

9:30 am - 12 pm  
*Stephanie Stanley*

12 pm - 4 pm  
*Seth Fay*

### MONDAY MAY 10

9:30 am - 12:30 pm  
*Beverly Munday*

1 - 4 pm  
*Pat Pierce*

### TUESDAY MAY 11

9:30 am - 12:30 pm  
*Pat Nelson*

1 - 4 pm  
*Volunteer Needed*

### WEDNESDAY MAY 12

9:30 am - 12 pm  
*Seth Fay*

12 pm - 4 pm  
*Seth Fay*

### THURSDAY MAY 13

9:30 am - 12:30 pm  
*Moose Beaudreau*

1 - 4 pm  
*Volunteer Needed*

### FRIDAY MAY 14

9:30 am - 12 pm  
*Stephanie Stanley*

12 pm - 4 pm  
*Seth Fay*

If you would be interested and feel comfortable volunteering in the ROC, please email [cdavis@tbcraleigh.com](mailto:cdavis@tbcraleigh.com).

## ROC'N GOLF TOURNAMENT

MONDAY MAY 17TH, 2021 | 1PM SHOTGUN START AT HERITAGE

The 16th Annual ROC'N Golf Tournament combines fellowship, missions, and outreach as TBC takes over Heritage Golf Club for an afternoon of fun out on the course. The 2021 Tournament maintains the great cause of raising donations for Shaw Missions Fund, while adding new elements to give our regular participants a new experience. You can participate by signing up as an individual or a team, sponsoring a hole, or donating prizes for day-of competitions (NEW this year). Learn more by visiting [tbcraleigh.com/golf](http://tbcraleigh.com/golf) or emailing [cdavis@tbcraleigh.com](mailto:cdavis@tbcraleigh.com)

**CURRENT ROC HOURS | Monday-Friday**  
9:30am-12:30pm | 1pm-4pm (added a 2pm-3pm slot)\*

**\*Must enter through Playground Side Door in Afternoon**

You can sign up to walk the track online using the link below or by calling the church office at 919-787-3740. Our church entrance protocols will still apply for ROC usage with masks and social distancing required. All ROC users arriving between 9:30am-12:30pm should enter through the doors on the sanctuary parking lot side of the building. All ROC users arriving between 1pm-4pm should enter through the playground side door.

The exercise room is to church members by request. You must call or email Christian Davis to secure a time to use the exercise room. (It cannot be reserved by using the below SignUp Genius, that is for track sign ups only).



### WALKING TRACK RESERVATIONS

Scan this code with the camera app on your smart device or go directly to [www.signupgenius.com/go/30E0F49AFAF2AA3F94-roctrack](http://www.signupgenius.com/go/30E0F49AFAF2AA3F94-roctrack). This link can also be found on the ROC website at [rocraleigh.com](http://rocraleigh.com).

## ROC FLOOR USE OPTIONS

### Gym Floor:

- Half of Court Will Be Open/Other Half Set Up for Family Sunday School
- Request Only (Made By Calling Church Office)
- 1 Group on Floor at a Time
- Masks Required
- Must Be a TBC Member to Reserve for a Group
- Racquets, Balls, etc must be sanitized after
- Groups Limited to 6 People
- Asking everyone to follow TBC's protocols while using the floor and social distancing as best as possible when around non-family members

### Activities Allowed On Gym Floor

- Pickleball
- Basketball
- Shooting
- No (5v5) Pick Up Games Yet (Only Half of Gym Available Anyways)
- Allow Fitness Classes to Use Gym Floor and Multipurpose Room
- This includes: Yoga, Senior Strength and Stretch, Camp Gladiator and other classes upon request (These classes plan to meet outside as long as weather permits)

# STAY CONNECTED

## WHILE WE ARE APART

While our congregation is physically separated, we can use social media to stay connected. All of our social media accounts are active and posting. We encourage you to interact on all platforms and with all accounts. Lets make a point of intergenerational fellowship even when apart.



[facebook.com/trinitybaptistchurchraleigh](https://facebook.com/trinitybaptistchurchraleigh)



[@tbcraleigh](https://www.instagram.com/tbcraleigh) & [@tbcstudentsraleigh](https://www.instagram.com/tbcstudentsraleigh)



[tbcraleigh.podbean.com](https://tbcraleigh.podbean.com)

## BELONG. BECOME. BE.

### STAFF CONTACT INFO



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Stewardship	
(YTD total through 03/31/2021)	
YTD General Funds Needs (Budget)	\$826,421.05
YTD Operating Receipts	\$800,862.10
YTD Operating Expenses	\$637,941.56

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction.

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