



TRINITY BAPTIST CHURCH

TRINITY TIMES

Belong. Become. Be.

2022 MENTAL HEALTH

WEDNESDAY NIGHT STUDY

Faithful Conversations: Embracing Mental Health & Well-Being

Mental Health is something the church does not always embrace. We hope to take away the stigma and shame of mental struggles and provide a place for dialogues toward self-care. Our goal is to provide a safe space to have conversations. Trinity members with knowledge, skills and experience in this subject will be facilitating the discussions.

January 12: Overview
Andrew Tatum

January 19: Anxiety and Stress
Dana Sumner and Amanda Price

January 26: Loss and Grief
Dana Sumner and Amanda Price

February 2: Loneliness and Re-Socialization
Meredith Furr

WEDNESDAYS 6:30-7:30PM

A decorative graphic in the bottom right corner consisting of several overlapping circles in teal and yellow, with thin yellow lines radiating from a central point, resembling a stylized sun or a signal.

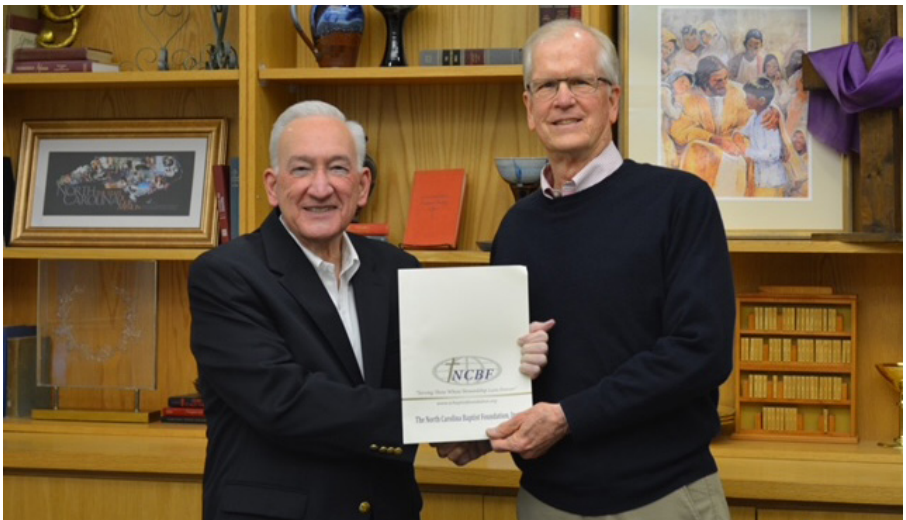
GENERAL ANNOUNCEMENTS

CHARITABLE CONTRIBUTIONS

Charitable Contribution Statements: The 2021 Charitable Contribution Statements have been mailed/mailed. Please look over your statement and call Jan Brown at the church office (919-787-3740) with any corrections or questions by Wednesday, January 12th. Thank you!

Financial Reminder: If you have been making your contributions by automatic draft and would like to increase your giving for the new year, please call Jan Brown and let her know. Thank you!

IMPORTANT NOTICE: To insure the deductibility of your church contributions, do not file your 2021 income tax return until you have received a written acknowledgement of your contributions from the church. Some of your contributions may not be tax-deductible if you file your tax return before receiving a written acknowledgement of your contributions from the church.



Shown are Baron Hignite, Chairman of the Trinity Baptist Board of Trustees and Harold West, Chairman of their Trinity Baptist Endowment Committee, after signing documents to create a revocable fund management account and a charitable endowment fund to ensure financial solvency for the immediate and future needs of Trinity Baptist Church. Our members have been so faithful in giving, but our campus is large and our missions are many and growing.

These efforts have been the culmination of the motion passed by the 2021 Trustees, and approved at Church Conference. We're ready to accept contributions, or perhaps you would want to remember your church in your estate planning. Our Financial Administrator, Jan Brown can help you with questions. Thanks for your consideration.

DEACON OF THE WEEK



January 9

Holly Shaw, native of Raleigh, NC has been a member of TBC since 2004. She and her husband, Mike, have two children: Harrison and Mary. Holly is a principal at Durant Road Elementary School. She is a deacon at Trinity for A4C1 SS class. She also serves at TBC on the Music Committee and the Lord's Supper Committee.



January 16

Amanda Price, native of Wilmington, NC, has been a member of TBC since 2007. She has two daughters: Kaitlyn and Sarah. Amanda is a psychologist with Relias Learning. She is a deacon at Trinity for A5C2 with Angie Ferree and Misty Deyo. She also serves at TBC on SMAC, Upward Lead Team, North Hills 5K Lead Team, and as an usher.

DEEPEST SYMPATHIES

To **TBC Member Sara King** and her family Emily, Michael, Jack and Sam Lawson, Sarah Beth and Stephen May on the passing of Sara's friend, Jimmy Bennett, on November 29.

To **TBC Members Rebecca and Jim Journigan** and their children, Fisher and Sally on the passing of Rebecca's mother on December 5.

To **TBC Members Amanda and Bradley Cash** and their children, **Ian and Kara** on the passing of Amanda's mother, Sandra Beasley, on December 6.

To **TBC Members Becky and Oie Osterkamp** and their son Oren upon the passing of Becky's Father, William Rankin, on December 17.

To Robert and JoAnn Thomas and Barry Thomas upon the passing of their mother, **TBC Member Rachel Thomas**, on December 21.

To family and friends of **TBC Member Catherine Painter** upon her passing, on Tuesday, December 21.

CONGRATULATIONS

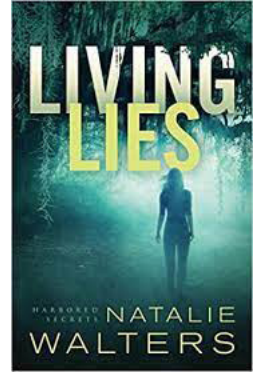
To **TBC Members Chad and Mary Catherine Whitley** on the birth of their son, **George Chad Whitley** born on Tuesday, December 21.

To **TBC Members Devin and Rachel Becton** on the birth of **Eli Benjamin Becton** born on December 20. Proud brothers are **Jonah and Malachi**. Proud grandparents **Dan and Evelyn Slagle**.

GENERAL ANNOUNCEMENTS

TBC LIBRARY NEWS

In **The Harbored Secrets Series** (*Living Lies*, *Deadly Deceit*, and *Silent Shadows*), new author Natalie Walters tells the stories of residents of the fictitious town of Walton, Georgia, where everybody knows your name--but no one knows your secret.



In each book two main characters team up to solve a mystery and must decide if solving a mystery and saving a life is worth the cost of revealing their darkest secrets. They learn to deal with their revealed secrets AND solve the mysteries. Then minor characters in one book become major characters in subsequent books.

In order to access eBooks, you must have a TBC Library Card and request to be on the eBooks approved list. In order to use eBooks you will have a desktop, or Kindle. If you need a TBC Library card or you need to be added to the eBooks list, you may call or email Ron Brown at 919-782-3957 or rbrown0207@gmail.com for assistance.

TBC WOMEN'S BOOK CLUB

THIRD THURSDAY EACH MONTH | 7PM

NEXT BOOK: News of the World – Paulette Jiles (Jan. 20, 2022)

“In the aftermath of the Civil War, an aging itinerant news reader agrees to transport a young captive of the Kiowa back to her people in this exquisitely rendered, morally complex, multilayered novel of historical fiction from the author of *Enemy Women* that explores the boundaries of family, responsibility, honor, and trust. In the wake of the Civil War, Captain Jefferson Kyle Kidd travels through northern Texas, giving live readings from newspapers.

Email Nancy Cummings at ncummings12@gmail.com for more information.



With the holidays now behind us, I want to take a moment to thank all of our musicians who made the music of Christmas very special every week.

Our choirs, ensembles, vocalists, and instrumentalists stepped up to make each worship service special and help us all celebrate our Lord's birth this season.

Looking ahead, we will continue to work diligently and safely in the new year. As the new year approaches, consider joining a musical group at Trinity.

Orchestra, Preschool, and Children's Choirs will resume on January 12 at their normal rehearsal times. The vocal ensembles, **Living Praise and New Covenant, will resume on January 19.**

Primetimers Choir meets each Tuesday morning starting February 1st in Room B231 at 10 am. You are welcome to come and enjoy good fellowship and singing together with your friends! Sylvia Pearce is the director of the choir.

Until we meet again!

Steve

ALWAYS A PLACE FOR YOU! Find your place in the music ministry! If you have singing or instrumental abilities, we need you. We are always looking for more musicians to add to our worship leading ministries at Trinity. Consider getting involved in music ministry and being a part of an exciting place of ministry!

Through Jesus, therefore, let us continually offer to God a sacrifice of praise--the fruit of lips that openly profess his name.
— Hebrews 13:15

UPCOMING DISCIPLESHIP OPPORTUNITIES

Wednesday Evenings @ 6:30PM in C303

Faithful Conversations - Embracing Mental Health and Well-Being

Mental Health is something the church does not always embrace. We hope to take away the stigma and shame of mental struggles and provide a place for dialogues toward self-care. Sessions will begin in January and our goal is to provide a safe space to have conversations. Trinity members with knowledge, skills and experience in this subject will be facilitating the discussions. Resources will be available.

January 12: Overview with Andrew Tatum

January 19: Anxiety and Stress with Dana Sumner and Amanda Price

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God's People and the State

Christian Nationalism is easily becoming one of the greatest threats to Christianity in America. It differs from Patriotism and is easily disguised in our conversations and loyalties. Nationalism has existed throughout history even in Biblical times. Beginning in February we will take a look at how God's people throughout history have related to the State. Several professors from Campbell University will join in the discussion.

February 9 & 16: In the Old Testament

February 23: In the New Testament

March 2: *Ash Wednesday Service* in Sanctuary

March 9: The Church as Christendom and the Church in Reformation

March 16: Christianity in Early America

March 23: The Baptist Influence in American Christianity

March 30: Current Issues

Other Discipleship Opportunities

TNT begins January 25 | 6:30pm

GriefShare begins January 30 | 5:30pm C101

DivorceCare resumes January 26 | 7:00pm D360

THURSDAY SENIOR GAMES

EVERY THURSDAY | 1:00-3:00 PM | A214

All SENIORS and "WANNABE SENIORS" come on Thursdays and play Senior Games. We start at 1:00 pm with a devotion and play until 3:00 pm. As we have started back, we have two bridge tables, but we are working on a third table! There is also a group playing Chickenfoot. They have one full table, but can set up another table, too.

IF YOU HAVE ANY QUESTIONS, CALL ANITA YEARGIN AT 919-389-1299.



Drivers Needed!!

As our Senior Adult Travel and Events Team looks forward to planning trips in 2022, we are in need of drivers willing to escort our fun-loving bunch! **Contact Mark Meyen if interested at mmeyen@att.net.**

Qualifications:

- Safe drivers
- Valid driver's license
- Fill out Trinity's insurance forms with Jan Brown

Perks:

- Paid trip expenses
- Paid lunch
- Many thanks

DATES TO REMEMBER

2022 Missions

Habitat for Humanity (12-15 volunteers needed)

January 22 | March 12th | April 23
Jen Hall: jenhall0517@gmail.com

Family Promise

February 13 (providing food for the families)
May 15 (providing food for the families)
August 7 (hosting up to 3 families at Trinity)
Beth Duke: bethduke@gmail.com

Kentucky Mission Trip with the Lord's Cafe and the Light Community

March 26 - April 2
Joe Ward (joe.ward2@gmail.com) or Brenda Lowrance (bhlowrance@gmail.com)

Disaster Relief Training at Trinity

March 4-5
Louis Pearce: sylviapearce@earthlink.net

CBFNC Annual Gathering at Trinity

March 17-18
Lydia Tatum: ltatum@tbcraleigh.com

DISASTER RELIEF IN KENTUCKY

WITH NC BAPTISTS ON MISSION

NC Baptist Disaster Relief has been asked by KY Baptists to assist in disaster recovery efforts in Kentucky following the deadly tornadoes. Our NC Baptist disaster relief teams are being deployed to Bowling Green, Kentucky to set up a disaster recovery site. NC Disaster Relief will deploy a small feeding team, a laundry unit, recovery unit, generator and chainsaw teams to do this work.

NC Disaster Relief will coordinate these efforts out of Hillvue Heights Baptist Church in Bowling Green, KY. Thank you for praying, giving and going. Please pray for the people who were affected by the tornadoes as well as the volunteers who will be helping. Donations and volunteers will be needed.

In the first seven days, Baptists on Mission had 585 volunteer days work 76 jobs, most of them chainsaw. The 585 volunteer days translates into 5,850 hours of work our volunteers provided to the people of Bowling Green. Chaplains ministered to 186 people. Feeding volunteers provided 2,910 meals.

Our volunteers took 280 showers and had 74 loads of clothes washed by our shower and laundry volunteers. Trinity's first team will be leaving for Kentucky Sunday, January 2 for a week of relief.

If you are interested in volunteering, please contact our Disaster Relief Team Coordinator, Louis Pearce at sylviaawp@earthlink.net or (919) 395-2626.

Donate at NCBAPTISTSONMISSION.ORG

Local Ministry Partner Supply Drive

Please deliver all North Raleigh Ministries food donations at our Local Ministry Supply Drive on **SUNDAY, JANUARY 12** at all Main Entrances or directly to NRM at 9650 Strickland Road, Suite 161 Raleigh, NC 27615.

Raleigh Rescue Mission donations made outside of the Local Ministry Supply Drive can go in the large bins on the B200 Hall of the church.

Raleigh Rescue Mission:

- Bottles of water
- Juice boxes
- Individually wrapped snacks
- Granola bars

North Raleigh Ministries:

- Vienna sausages
- Pop-top canned pastas with meat
- Pop-top canned corn
- Pop-top canned fruit

SUPPORT OUTREACH THROUGH UPWARD

Trinity Baptist Church invites hundreds of community members onto our campus every week from December through February through our Upward basketball and cheerleading ministries.

Over 300 children and their families make the journey to our Recreation Outreach Center for weekly practice and games. As Trinity members, we see this as a gift from God and as a calling to show up, meet people, and invite them to join us for Worship, Bible Study, Missions, and Children & Youth Ministries.

Challenge to YOU: If you do NOT have children or grandchildren in our Upward ministry, choose a Saturday (8:30a.m. - 2:30p.m.) in January or February to come to a game. Join us for Coffee and Donuts. Meet two new families. Welcome them to Trinity.

Still Needed: Referees!! Contact Laury Holley at holley.laury@gmail.com.

Contact Lydia (ltatum@tbcraleigh.com) for more ways to make a difference for God's Kingdom in your community!

COLLEGE WINTER RETREAT



COLLEGE MISSION TRIP

When: May 22-29

Cost: \$425

\$100 deposit due and **Register** by February 20th with the QR code below

We will work with **Praying Pelican Missions** to do construction and urban ministry projects.

2022



Register Here →

TBC STUDENT MINISTRY

SPRING 2022 DATES

JANUARY 12-MAY 4
WEDNESDAY NIGHTS | 6:30-
7:30PM

JANUARY 28-30
SKI TRIP @WINTERPLACE

APRIL 10-15
HS SPRING BREAK @CASWELL

APRIL 29-MAY 1
MS MISSIONS RETREAT

JUNE 27-JULY 2
MS PASSPORT @GARDNER-WEBB

JULY 10-17
HS MISSION TRIP @NYC / BOSTON

Check out tbcraleigh.com/youth for more information!

EXTENDED TEACHING CARE

As of 9/12/21:

Early service worship care has resumed.

- Our traditional ETC schedule has begun again. Reach out to Katie with questions about your schedule!
- You will still need to register for ETC to make sure we are adequately staffed with volunteers for the week. Registration will be emailed out a week at a time. You will receive the next week's signup the Sunday afternoon before and will have until the following Friday at noon to register.
- All volunteers will be required to wear masks at this time.

Check your email for more details or contact Katie with questions at kmedlin@tbcraleigh.com

HAPPY NEW YEAR!

New Year's resolutions often fail. Instead of making a resolution, consider creating a new habit for the new year. Habits get stronger the more you practice them. If you find yourself falling out of the habit, just pick it back up again! Hold loosely to these in that way. Do them as you can, but have grace with yourself and your family during this busy time.

Gratitude — The practice of gratitude is one that makes a profound difference in personal wellbeing and family happiness. Try listing at least four things your family is grateful for per week. You could list them out loud as a family, or write them in a journal.

Prayer — There are many ways to pray. Using art can be a great way to pray as a family. The book *Learning to Pray in Color for Kids* by Sybil MacBeth will show you how.

Meditation — Meditation and prayer are closely related, but not the same. Meditation helps to train the mind, which is useful for many reasons, including prayer. Try using a meditation app such as Headspace or Meditation Studio, both of them have special meditations for kids.

Serving Others — What about having a "service Saturday" this year where you think of ways to care for others on Saturdays? Whether it's doing a special project, saying a prayer for someone or writing a note, taking time to care for others as a habit can be a powerful faith practice.

As you consider how to start a new faith habit this year, approach your practice with a sense of play and experimentation. Try something new and if it sticks, keep with it. Many blessings to you as you embark on this journey! Also, I'm always here to support your family and your faith journey! Blessings, friends!

WHAT TO DO WITH YOUR CHRISTMAS CARDS!

As Christmas is over and the New Year is beginning, you may be taking down your Christmas decorations. Maybe, like me, you have beautiful Christmas cards sent to you from friends and family. What do you do with those cards? Here is an idea for you and your family that involves using those Christmas Cards to encourage your family to pray.

This year, take all of your Christmas cards and place them in a shoe box or basket. Call a family meeting and talk about the beautiful cards your family received this year. Explain that you are going to do something new this year with all of the pretty cards. They are now weekly prayer cards.

Each night, gather together in someone's bedroom or over dinner or wherever and have one child pick a Christmas card out of the prayer box or basket. Whoever sent you that card, becomes the prayer family of the week.

Place that Christmas card somewhere in the house where everyone can be reminded to pray for that family. As you pray each night as a family, include that particular family in your prayers.

The next week, pick a new card out of your shoe box and continue this process each week until all of the Christmas cards are gone. Let your kids decorate the prayer shoe box or write a letter to the family you are praying for. They can thank the family for the Christmas card and tell them they are praying for them this week.

UPCOMING SCHEDULE

January 2

Return to Normal Sunday Schedule with SS

January 12

Wednesday Night Activities Resume

WE NEED HELP!

So many of our special events are planned and organized by a lead team! **Please let Katie know if you would be interested in helping plan VBS or Children's Day 2022!**

ZOOM FITNESS

CLASSES TAUGHT BY LAUREL CAVANAGH

Chair Yoga
Tuesdays | 11am

Yoga
Tuesdays | 12pm

Senior Strength
& Stretch
Thursdays | 10am
Now Meeting In-Person

OUTDOOR FITNESS

CAMP GLADIATOR CLASSES

TBC Parking Lot | Amy Banfer: amybanfer@campgladiator.com

M, W, F
5:00-6:00 am

M, W, F
6:15-7:15 am



VOLUNTEERS

MONDAY JANUARY 10

9:30am-12:45pm
Beverly Munday
12:45pm-4:00pm
Pat Pierce and
Linda Perry

TUESDAY JANUARY 11

9:30am-12:45pm
Pat Nelson
12:45pm-4:00pm
Brenda Lowrance
and Linda Perry

WEDNESDAY JANUARY 12

9:30am-12:45pm
Mike Newton
12:45pm-4:00pm
Volunteer Needed

THURSDAY JANUARY 13

9:30am-12:45pm
Moose Beaudreau
12:45pm-4:00pm
Pat Altman and
Tricia McCoy

FRIDAY JANUARY 14

9:30am-12:45pm
Wayne Hill
12:45pm-4:00pm
Volunteer Needed

MONDAY JANUARY 17

9:30am-12:45pm
Frank Evans
12:45pm-4:00pm
Pat Pierce and
Linda Perry

TUESDAY JANUARY 18

9:30am-12:45pm
Moose Beaudreau
12:45pm-4:00pm
Mark Wheelless

WEDNESDAY JANUARY 19

9:30am-12:45pm
Wayne Hill
12:45pm-4:00pm
Volunteer Needed

THURSDAY JANUARY 20

9:30am - 12:45pm
Moose Beaudreau
12:45pm-4:00pm
Karen Simms

FRIDAY JANUARY 21

9:30am-12:45pm
Billy Joyner
12:45pm-4:00pm
Volunteer Needed

If you would be interested and feel comfortable volunteering in the ROC, please email cdavis@tbcraleigh.com.

BE A PART OF REC MINISTRY AT TBC

ROC VOLUNTEERS NEEDED

On Wednesday and Friday Afternoons

Open Slot: Wednesday and Friday afternoons | 12:45pm-4:00pm

Email cdavis@tbcraleigh.com to volunteer

UPWARD PARTICIPANT INFO

Saturday, January 8, 2022

Games Began

Tuesday, March 1, 2022

Upward Celebration Night at 7:00 PM in the Trinity Sanctuary.

All players, coaches, parents, siblings, fans and others are invited and encouraged to attend our Celebration for the season.

IT'S PICKLEBALL SEASON!

Find the Best Playing Time For Your Schedule

Afternoon Open Play Pickleball Started October 18th
Mondays 12:30pm-3:30pm

Email cdavis@tbcraleigh.com to get more information, get updates, or volunteer.

STAY CONNECTED

We use social media as a tool for connecting, learning, and informing you about new information. All of our social media accounts are active and posting. We encourage you to interact on all platforms and with all accounts. Lets make a point of intergenerational fellowship even online!



facebook.com/trinitybaptistchurchraleigh



@tbcraleigh & @tbcstudentsraleigh



tbcraleigh.podbean.com

BELONG. BECOME. BE.



STAFF CONTACT INFO

PASTORS

Dr. G. Jeffery Roberts
SENIOR PASTOR
jroberts@tbcraleigh.com

Rev. Spencer Good
ADMINISTRATION
sgood@tbcraleigh.com

Rebekah Ramlow
COLLEGE & YOUNG ADULTS
rramlow@tbcraleigh.com

Rev. Steve Byers
WORSHIP & MUSIC
sbyers@tbcraleigh.com

Rev. Lydia Tatum
MINISTRY & MISSIONS
ltatum@tbcraleigh.com

Katie Medlin
CHILDREN & PRESCHOOLERS
kmedlin@tbcraleigh.com

Rev. Karen Metcalf Eickhoff
EDUCATION & DISCIPLESHIP
kmetcalf@tbcraleigh.com

Rev. Christian Davis
STUDENTS & RECREATION
cdavis@tbcraleigh.com

SUPPORT STAFF

Jan Brown
FINANCIAL ADMINISTRATOR
janbrown@tbcraleigh.com

Ashbey Jones
FACILITIES MANAGER
ajones@tbcraleigh.com

Rev. Wayne Rogers
ORGANIST

Bonnie Cole
MINISTERIAL SECRETARY
bcole@tbcraleigh.com

Bentley Williams
WEEKDAY DIRECTOR
preschool@tbcraleigh.com

Ramona Green
PIANIST

Debbie Argento
RECEPTIONIST
dargento@tbcraleigh.com

Debbie Surface
WEEKDAY PRESCHOOL
ADMIN

Barbara Bowen
PIANIST



Stewardship

(YTD total through 11/30/2021)

YTD General Funds Needs (Budget) \$3,051,400.80

YTD Operating Receipts \$2,947,903.58

YTD Operating Expenses \$2,524,754.56

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction.

Trinity Times (USPS 006-883) is published every other week by Trinity Baptist Church, 4815 Six Forks Road, Raleigh, NC 27609. Periodical postage paid at Raleigh, NC. Postmaster: Send address changes to Trinity Times, 4815 Six Forks Rd., Raleigh, NC 27609